



# YOU ARE INVITED!

SATURDAY, OCT 26, 2024

FLANDREAU SANTEE SIOUX TRIBE
TRIBAL DINNER & ENTERTAINMENT

# **ROYAL ROOM**

**5PM: DOORS OPEN & APPETIZERS** 

5:15PM: FSST YOUTH DRUM GROUP

5:45PM: WELCOME BY FSST TRIBAL PRESIDENT TONY REIDER

5:50PM: PRAYER BY MATO OHODA MANI DUSTIN BEAULIEU

**6PM: DINNER** 

**7PM: ENTERTAINMENT BY COMEDIANS** 

BAHIYYIH K MUDD, GILARIOUS WOLF,

**AND ERNEST TSOSIE** 

GIFTS: FSST Logo Jackets for Moody County Tribal Members (Adults)

# **APPETIZERS**

SHRIMP COCKTAIL WITH SAUCE
MEATBALLS
WINGS WITH RANCH
FRESH VEGETABLE DISPLAY WITH RANCH
MEAT & CHEESE DISPLAY WITH
ASSORTED CRACKERS
CHOCOLATE FOUNTAIN WITH STRAWBERRIES,
MARSHMALLOWS, CUT PINEAPPLE,
RICE KRISPIES, AND PRETZELS

# MEAL

PRIME RIB FROM A CARVING STATION
BROASTED CHICKEN
WALLEYE
BUTTERED CORN
HERB GREEN BEANS
JALAPENO MAC & CHEESE
GARLIC MASHED POTATOES WITH BEEF GRAVY
BUNS WITH BUTTER

# **ENTERTAINMENT**





Please join us in wishing your fellow members, near and far, a very Happy Birthday during the month of October.

10/02 Lisa Forkel

10/02 Robby Nelson

10/02 Doug Van Dam

10/03 Tehya Himes

10/03 Wyatt Weston

10/04 Brandon Hailstrom

10/05 Melodie Crow

10/06 Joel Penny

10/07 Samuel Allen Sr.

10/07 Randy Allen

10/08 Lisa Lovejoy

10/09 Wakanhdi Beaulieu

10/09 Sheyanne Crow

10/09 Larry Herrick

10/09 Christine Payer

10/09 Michael Tollefson

10/10 Sandra Fleury

10/10 Miracle Schuyler

10/11 Sharon Mull

10/12 Richard Nesje

10/13 Heather Peper

10/14 Cadence Allen

10/14 Mark Britton

10/14 Eloise Drapeau

10/14 Juantia Nesie

10/15 Benjamin Gilbert

10/15 Elizabeth Wakeman

10/16 Willow Drapeau

10/18 Kiona Schmidt

10/18 Guy Vorce

10/19 Steven Studsdahl

10/21 Laureen Arbes

10/21 Dowan Smallwood

10/21 Everett Weston

10/22 Desirae White

10/23 Madison Fleury

10/23 Sabrina Livingston

10/24 Maynard Herrick

10/24 Marcellaine Jones

10/24 Alexyss La Deaux

10/24 Marissa Peterson

10/24 Douglas Shopbell

10/25 Allen Ross

10/26 Haley Rederth

10/27 Debra Reed

10/28 Lalo Montoya

10/29 Aaron Davis

10/29 Kelly Pitsenberger

10/30 Kristi Winters

10/31 Sara Hoffman

10/31 Zachariah Rederth

10/31 Alexis Reider

10/31 Duane Ross



10/01 Wayne Pitsenberger

10/07 **f**ilianna Ziegler

10/07 Delta Anderson

10/08 fisa fovejoy

10/09 Larry Herrick

10/15 **f**lizabeth Wakeman

10/18 Bara Childers

10/18 Grace Cclarit

10/18 Lue Reisch

10/19 Steve Studsdahl

10/24 Marcellaine Jones

10/24 Travis Kitto

10/24 Alexyss La Deaux

10/30 Arnold Manlutac







Please join us in wishing our

employees a very

Happy Birthday this month!



Town Hall Meeting

Last
Wednesday
of the
Month

Lite Dinner & Snacks 5:30 p.m. Community Center

Town Hall Meeting 6 p.m.



# FLANDREAU SANTEE SIOUX HOUSING DEPARTMENT 100 Allen Avenue, Box 328, Flandreau, SD 57028-0328 Phone (605) 997-2194 - Housing@fsst-nsn.gov

#### **BIA Potable Water Grant**

September 17, 2024

Dear Tribal Membership,

I am pleased to inform you about the Potable Water Program, which will be offering assistance every three months to ensure that our community has payment assistance towards their water bill. This program is designed to support households in need of help maintaining a reliable supply of potable water.

Once you have submitted a complete application and water bill, we will calculate the amount we will pay directly to your water company. **This assistance can be used once every 3 months**. For example: if you received assistance during September, you will be eligible for assistance again during December.

Please contact the Housing Department for more information on how to apply or if you have any questions. You can also find an application to print on the Tribes website: <a href="www.fsst-nsn.gov">www.fsst-nsn.gov</a>. Your participation is important, and we hope this program provides much-needed relief for our community.

Thank you for your attention, and we look forward to supporting you through this grant.

Sincerely,

Tyler Rambeau

HAF / Administrative Assistant







Earn 5 points or higher on your Royal Rewards card for your chance to play the kiosk game and reveal your free play prize! SUNDAY 12PM-8PM

Visit our website for more information!

Scan Me»



# ROYAL GIFT GIVEAUNT & GET TO STANK TO STANK THE STANK TH

EARN 100 POINTS WITH YOUR ROYAL REWARDS CARD & RECEIVE A PIECE OF A KITCHEN SET.

SWIPE AT A KIOSK AFTER EARNING 100 POINTS TO RECEIVE YOUR GIFT VOUCHER & REDEEM AT THE PLAYER'S CLUB.



ULTIMATE OCT. 30TH GIVEAWAY @8:15PM

EACH GIFT VOUCHER RECEIVED AT THE SERVICE CENTER WILL GO INTO A BARREL DRAWING TO WIN A NINJA ESPRESSO & COFFEE BARISTA SYSTEM















Royal River Casino & Hotel reserves all rights to cancel or modify this program at anytime. See Players Club for promotional rules and details. Must be 21. Gambling problem? Call 1-800-781-HELP,

607 S. VETERANS ST. FLANDREAU, SD

1.877.912.LUCK ROYALRIVERCASINO.COM

# OPPORTUNITY

Happy to announce that a FULL RIDE SCHOLORSHIP to Lake Area Tech is available. The Scholarship is brought to you by Lake Area Tech and the Native American Homeownership Coalition. This opportunity provides successful candidates with the essential skills in the construction industry, creating pathways to stable and fulfilling careers and contributing to the growth and prosperity of our community.

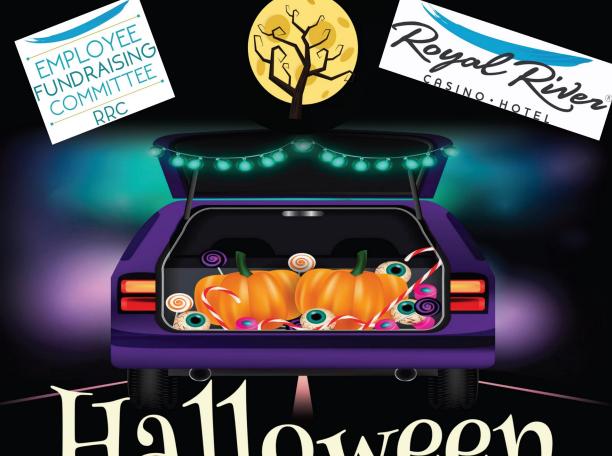
Student gain a solid foundation in residential design, site preparation, concrete work, floor/wall/roof construction, ventilation, interior finishing, cabinetry, and building codes. Much of each student's time will be building a custom home from start to finish. Building Trades students will also learn about light commercial construction, estimation, and working in a green industry.

Students interested should contact Lead Admissions Representative Darren Shelton at Lake Area Technical College:

darren.shelton@lakeareatech.edu



ROYAL RIVER CASINO & HOTEL



# Flalloween TRUNK of TREAT Sat. 26th OCT

Party Time 2PM to 5PM

RRC Parking Lot (West Hotel Lot)

Candy donated by RRC Marketing Department

# OPPORTUNITY

Become...



## Classes

- Must Be Employed by LTC
- \* Must be 16 years or older
- \* Wakpa Ipaksan Preference
- \* Classes Held at LTC
- \* Taught by our Registered Nurses

## **ATTENTION 16 YEAR OLDS & BEYOND**

Our long term care center is seeking members to become a Certified Nursing Assistant or CNA. Training Classes will be held at our Long Term Care facility and provided by our Registered Nursing Staff.

This is an excellent opportunity to get your feet wet in the medical field while assisting our resident elders with the care they deserve. To apply go to the following website to fill out an application online: https://fsst-nsn.gov/employment



# FLANDREAU SANTEE SIOUX TRIBAL HEALTH CENTER

# **HEALTH FAIR 2024**

October 9th, 2024 10:00am to 2:00pm

'Flandreau Tribal Health Care History'









## **30th Anniversary**



Join us as we reflect on the past 30 years and look towards the future of Tribal Healthcare in our community!

More details to come...

# OCTOBER

2024

**Breast Cancer Awareness** 



| SUN | MON  | TUE  | WED   | THU   | FRI                | SAT |
|-----|--|--|---|---|--------------------|-----|
|     |  | Diabetic Clinic: Standards of Care Check-in 1 9-12pm         | 2   | 3   | 4                  | 5   |
| 6   | Health Screenings @ Grace Moore Senior Center w/ SDSU Nursing 7 11am - 1pm | <u>Diabetic Clinic:</u><br>Women's Health<br>8 <b>9-12pm</b> | HEALTH FAIR 2024 30 YEAR ANNIVERSARY 9 10a-2p | 10  | 11                 | 12  |
| 13  | INDIGENOUS PEOPLES' DAY  14 Closed   | Diabetic Clinic: Healthy Halloween  15 9-12pm                | Sanford<br>Mammography<br>bus onsiite         | #indigenousPINK                             | 18                 | 19  |
| 20  | 21   | Diabetic Clinic:<br>Women's Fitness<br>22 9-12pm             | 23  | Women's Health<br>Event @ WOCC<br>24 10a-2p | 25                 | 26  |
| 27  | 27   | Diabetic Clinic:<br>Women's Nutrition<br>28 9-12pm           | 29  | 30  | HAPPY<br>HALLOWEEN |     |

acebook

@ Flandreau Santee Sioux Tribal Health Center

Instagram

@ FSST\_HC



Sanford Mammography bus is onsite every 3rd Wednesday of the month. Call the Flandreau Santee Sioux Tribal Health Center @ 605.997.2642 to schedule your mammogram.

A mammogram may save your life



#### **HEALTH FAIR 2024**

October 9th - Join us as we celebrate 30 years of Tribal Healthcare in Flandreau!

10AM - 2PM

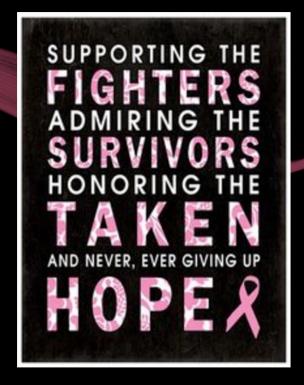
# October 2024



October is Breast Cancer Awareness month. The Flandreau Santee Sioux Tribal Health Center will shine PINK again this year to bring attention to Breast Cancer Awareness.

Join us again this year in wearing PINK for #indigenousPINK day on October 17th, 2024.





#indigenousPINK





# Grace Moore Senior Center

# Fall Fling

Friday, October 11th 8 am to 2pm



# Eastman Hall 612 South Center





## VENDORS

\$15 per Table







## FUNDRAISER

Baked Goods & \$10 Lunch / Soup(s), Sandwich, Salad, Chips and Drink

For more information contact Senior Center at (605) 997-2924

# Wamnuzi Cake Recipe

## Ingredients for Cake:

2 Cups of Flour
1 1/2 cups of Sugar
1 tsp. Baking Soda
2 tsp. Baking Powder
2 tsp. Cinnamon
2 tsp.Pumpkin Pie Spice
1/2 tsp. Kosher Salt
3 Large Eggs
1 Cup of Oil
15 oz. Can of Pumpkin Puree

## Ingredients for Frosting:

8 oz. Cream Cheese 8 TBS. Butter 1 Cup of Powdered Sugar 2 tsp. Vanilla Extract

Optional Decorations: Pecans or Halloween Candies

### Method:

Preheat Oven to 350 degrees. Grease of 9 x 13 Baking Pan

In a large bowl combine dry ingredients, Flour, Sugar, Baking Soda, Baking Poweder, Spices & Salt.

In a separate bowl, mix wet ingredients, Eggs, Oil & Puree

Add wet to dry and mix until smooth.

Transfer to prepared Baking Dish and bake for 30 to 40 minutes or until toothpick comes out clean. Cool

Combine Frosting ingedients in a bowl of a stand mixer and mix until fluffy and cream. Spread evenly over cake.

Decorate and Serve



# Save the dates!

10/11 Fall Fling Grace Moore Senior Center

10/18 Food Distibution
COME EARLY / Bring Bags

10/26 Casino's 34th Anniversary Dinner for the Membership

10/30 Community Gathering

11/02 Quarterly General Council Meeting The Wowapi Newsletter is a monthly publication by the Flandreau Santee Sioux Tribe.

#### SUBMISSION GUIDLINES:

- 25th of each month
- Must be Typewritten or Computer Generated Format
- Acceptable Formats: Hard Copy or Email

#### SUBMIT:

Flandreau Santee Sioux Tribe Attn: Francis Wakeman III P.O. Box 283 Flandreau, SD 57028 (605) 997-3891 ext.1238 francis.wakeman@fsst-nsn.gov

#### NOTICE OF DISCLAIMER:

In preparation of this newsletter, every effort has been made to offer the most current, correct, and clearly expressed information possible. Nevertheless, inadvertent errors in information may occur from time to time. A reasonable effort to correct information will be made in the next publication.

The information in this newsletter have been complied from a variety of sources and are subject to change without notice. Where discrepancies exist between this publication and official document(s); the official document(s) shall prevail.

The FSST makes no warranties or representations whatsoever regarding the quality, content, completeness, or adequacy of such information or data.

The FSST reserves the right, to refuse the publication of information where the subject matter is deemed inaccurate or inappropriate.

| Friday           | Tomato Bisque Soup 4<br>Grilled Cheese<br>Confetti Cottage Cheese<br>Fresh Fruit                     | CLOSED 11<br>FALL FLING<br>EASTMAN HALL<br>8:00AM-2:00PM   | Potato Soup<br>Ham Salad Sandwich<br>Spinach Salad<br>Donut                     | Corn Chowder Ham & Cheese Sand. Watergate Salad Brownies                                | NOVEMBER 1  CLEANING DAY  CENTER CLOSED  | e without notice.                       |
|------------------|--|--|---|---|--|---|
| Memu             | Dorito Cheesy 3<br>Casserole<br>Rice Pilaf<br>Tossed Salad<br>Peaches                                | Baked Potato with 10<br>Toppings<br>Green Beans<br>Caesar Salad<br>Choc. chip Pudding Poke<br>cake | Home made Pizza 17<br>Apple Pecan Slaw<br>Cookies                               | Hamburgers<br>Potato Salad<br>Calico Beans<br>Chips<br>Apple Pie                        | Chicken Salad on 31<br>Croissant<br>Mac. Salad<br>Chips<br>Rice Krispy Bar                           | *Menu subject to change without notice. |
| ober 2024 Memu   | Pork chop w/onion gravy 2<br>Mash potato's<br>Green Bean Casserole<br>Creamy Coleslaw<br>Apple Crisp | Country Style Ribs 9 Potato's O'brien Chuckwagon Corn Cucumber Salad Pudding Cup                   | Meat Loaf<br>Baked Potato<br>Harvard Beets<br>Nutty Apple Salad<br>Pecan Pie    | Pepper Steak over Rice Lima Bean casserole Royal Salad Fruit Cocktail cake              | Oven Baked Chicken 30 Mashed Potato/gravy Buttered Squash Festive Tossed Salad Cinnamon Baked Apples |   |
| Octob<br>Tuesday | Tator Tot Hotdish 1<br>Spinach maple salad<br>Cranberry Bar  | Hot Dogs Kris Mac. Salad Baked Beans Chips Wildberry Tart  | Ranch Chicken Breast 15 Rice Pilaf Broccoli Autumn Tossed Salad Vanilla Pudding | Potato Bake Cheese 22 Cheddar Soup Turkey & Cheese Sand. Broccoli/cauliflower Salad Pie | Italian Beef Sandwich Garlic Mashed Potato's<br>Veggie Salad<br>Fruited Jello                        | tizens Center 997-2924                  |
| Monday           |  | French Toast Stix<br>Scramble Eggs<br>Hash brown Pattie<br>Sausage Patties<br>Fresh Fruit          | CLOSED 14 NATIVE AMERICAN DAY   | Spaghetti w/meat 21<br>Sauce<br>Garlic Bread<br>Tossed Salad<br>Pears                   | Beef Stroganoff 28<br>Over noodles<br>Mixed Veggies<br>Silver Glade Salad<br>Banana Bar              | Grace Moore Senior Citizens Center 99   |