

Wowapi

November 2024 Issue



Ta-ki-yu-ha Wi

The Deer Rutting Moon



Appetu Zicatanka Waste do!

Thanksgiving is always an exciting time of the year for many of us. Our grandmother's and mother's would begin preparations for the family dinner days in advance. Creating delicious desserts, side dishes and of course a golden turkey, as the meals center piece.

Typically we would all gather at Grandma's house which needed no fall fragrances. The smell of cinnamon, turkey, and all the fixings permeated the entire house. It was a special time during the year, when we would get to see our relatives and hear the grown ups chatting about memories made years before. As kids we'd play board games with our cousins, ignoring our grumbling hunger pains.

This year no matter how you choose to celebrate, remember those who are no longer with us, the master grandma chefs of our past, our extended families and friends near and far. Be thankful for the many blessings the creator has given us and always remember those who must endour without.

Turkey Cooking Tips

One to One and Half Pounds of Meat per person

Plan on thawing your turkey for at least 24 hours for every 5 Pounds of Meat

You should cook your turkey 20 minutes for every pound

Use a thermometer; thigh meat and stuffing should register 165 degrees F

Let Turkey rest for 30 minutes before carving



Oyate
etankhan
Owicota

Lite Dinner
& Snacks
5:30 p.m.

Town Hall
Meeting

Last
Wednesday
of the
Month

Community
Center

Town Hall
Meeting
6 p.m.



Please join us in wishing your fellow members, near and far, a very Happy Birthday during the month of November.

11/01 Kristi Bietz
 11/01 Bandon Ramlo
 11/02 Rosalie Nelson
 11/02 Avery Rederth
 11/03 David Allen
 11/03 Faya Fisherman
 11/03 Corey Peterson
 11/03 Saige Red Bear
 11/04 Stacy Flute
 11/04 Randy Nelson
 11/06 Jazalynn Kampeska
 11/06 Keona Matthews
 11/06 Laura Rederth
 11/07 Jeanette Allen
 11/07 Maria DeLuna
 11/07 Kristi Harr
 11/07 Zitkadan Duta Win
 11/08 Marlena Roy
 11/08 Vera Hofwegen
 11/09 Raymond Allen
 11/09 Yvette Cankudutawin
 11/10 Brittany Corcoran
 11/10 Natalie Morrison
 11/10 Mary Wakeman
 11/13 Destiny Long

11/13 Cynthia Woolston
 11/14 Brooklin Westerman
 11/15 Autumn Bosin
 11/15 Raymond Redwing
 11/16 Allison Conner
 11/16 Olivia Dudley
 11/17 Derek Anderson
 11/17 Mahpiya Weston
 11/18 Joesph Davis
 11/18 Jesse Simon
 11/19 Diana Dean
 11/19 Bluebelle Lovejoy
 11/19 Llewellyn Sherman
 11/20 Jonathan Schrader
 11/22 Rick Sorenson
 11/24 Josette Peltier
 11/24 Didi Serrano
 11/25 David Taylor
 11/26 Elaine Stephens
 11/27 Loren Beane
 11/27 Ron Gilbert
 11/27 John Graham Jr.
 11/27 Rocky Shopbell
 11/28 Tamera Miyasato
 11/28 Nicoles Ross

11/29 Wesley Hansen
 11/30 Jaime Bird
 11/30 Warren Lovejoy
 11/28 Daron Two Bulls





11/01 Kristi Bietz

11/02 Rosalie Nelson

11/04 Teresita Pisawis

11/06 Leonabelle Berdida

11/06 Laura Rederth

11/09 Terrance Elder

11/11 Alliyah Ortizano

11/13 Tyler Crosby

11/17 Derek Anderson

11/18 Jesse Simon

11/20 Jonathan Schrader

11/24 Deedee Ferrano

11/25 Jito Bagnoc

Please join us in wishing Trustees Kristi Bietz and Jonathan Schrader a very Happy Birthday!



*Please join us in wishing our
employees a very
Happy Birthday this month!*

Fort Belknap

Delegation Visits Wakpa Ipaksan



Tuesday, October 24, 2024

A delegation comprised of the governing council and attorney for Fort Belknap visited Wakpa Ipaksan on invitation of our Executive Committee. Discussions were held regarding the lack of law enforcement on their reservations, the influx of drug cartels, and the disparities of BIA funding to reservations.

At the beginning of September I posted a video to our Facebook page regarding Fort Belknap's interview with a NBC news affiliate out of Montana. The remarks made by Governor Noem were partially based on the plea of Ft. Belknap for assistance in battling the drug cartels infiltrating their territory and bringing attention to the lack of law enforcement funding from the BIA.

The funding that most reservations receive is based on a model that was developed in the late 1990s. The statute states that the BIA must fund 638 Law Enforcement contracts at the exact cost that it would take the BIA to run the program; underfunding is an epidemic across all our nations.

In addition to the discussions held on Law Enforcement, the delegation was interested in our economic ventures such as 605 Lending, Long Term Care and Cannabis.

Steve Christiansen from 605 Lending gave them a brief history of our Tribal Lending operation; Fort Belknap currently operates their own lending organization.





NATIVE NATIONS

Ft. Belknap is interested in diversifying their investment portfolio and is exploring the option of creating their own cannabis operation within their nation.

Tony Flute gave the delegation a tour of the grow houses and dispensary.

Exploratory discussions were held with our Executive Committee and legal department as to the assistance, our nation, could provide in developing Ft. Belknap's own cannabis laws and providing guidance on their operations.



LONG TERM CARE

Kassie Doty, Administrator, gave the delegation a tour of our long term care facility after which our Executive Committee presented the Ft. Belknap delegation with a Jennifer White painting. The delegation was very appreciative of our hospitality and invited our Executive Committee to visit their nation in the near future.





**The annual Thanksgiving meal
will be served at Eastman Hall**

Friday November 22nd

11:00 - 1:00

All Tribal Employees

&

Senior Center Elders Invited

OPPORTUNITY

Happy to announce that a FULL RIDE SCHOLORSHIP to Lake Area Tech is available. The Scholarship is brought to you by Lake Area Tech and the Native American Homeownership Coalition. This opportunity provides successful candidates with the essential skills in the construction industry, creating pathways to stable and fulfilling careers and contributing to the growth and prosperity of our community.

Student gain a solid foundation in residential design, site preparation, concrete work, floor/wall/roof construction, ventilation, interior finishing, cabinetry, and building codes. Much of each student's time will be building a custom home from start to finish. Building Trades students will also learn about light commercial construction, estimation, and working in a green industry.

Students interested should contact Lead Admissions Representative Darren Shelton at Lake Area Technical College:

darren.shelton@lakeareatech.edu

FULL RIDE SCHOLORSHIP



Building Trades
18 - Month Course

PLAY THE DECADES

MONDAYS
AGES 45+

TUESDAYS
AGES 21-44

Earn 5 points or higher on your Royal Rewards Card for your chance to play the kiosk game and reveal your free play prize!

8AM-12AM

BLACK

FRIDAY, NOVEMBER 29, 2024 | 10AM-8PM

EARN 10 POINTS OR HIGHER ON YOUR ROYAL REWARDS CARD TO RECEIVE A TICKET AT THE KIOSK AND REDEEM IT AT GUEST SERVICES FOR A BAKEWARE SET.

IKO 3 PIECE
Sapphire Diamond
BAKEWARE SET

Visit our website for more
information!

Scan
Me



New Year New Royal Regal Giveaway

WIN A HOME GYM!

FRIDAY & SATURDAY

5PM - 9PM

RECEIVE A TICKET FOR EVERY
10 POINTS EARNED OR 15 MINUTES
OF RATED TABLE PLAY
FOR YOUR CHANCE TO BE
SELECTED VIA KIOSK DRAWINGS TO
**WIN \$200 FREE PLAY
HOURLY**

**10 PM
\$500
CASH**

Final Giveaway

DEC. 31ST AT MIDNIGHT

**1 WINNER WIN A
COMPLETE HOME GYM SET**

+ \$1,000 CASH

4 WINNERS WIN \$500 CASH

+ MASSAGE GUN

Royal River
CASINO • HOTEL



Royal River Casino & Hotel reserves all rights to cancel or modify this program at anytime. See Players Club for promotional rules and details. Must be 21. Gambling problem? Call 1-800-781-HELP.

607 S. VETERANS ST.
FLANDREAU, SD

1.877.912.LUCK
ROYALRIVERCASINO.COM

OPPORTUNITY

Become...

certified
NURSING
assistant

Classes

- * Must Be Employed by LTC
- * Must be 16 years or older
- * Wakpa Ipaksan Preference
- * Classes Held at LTC
- * Taught by our Registered Nurses

ATTENTION 16 YEAR OLDS & BEYOND

Our long term care center is seeking members to become a Certified Nursing Assistant or CNA. Training Classes will be held at our Long Term Care facility and provided by our Registered Nursing Staff.

This is an excellent opportunity to get your feet wet in the medical field while assisting our resident elders with the care they deserve. To apply go to the following website to fill out an application online: <https://fsst-nsn.gov/employment>

A graphic for SAMHSA's Recovery campaign. On the left, a blue-outlined silhouette of a head is filled with various medical and recreational items: pills, syringes, a cannabis leaf, and a bottle. The background is a dark, stone-lined tunnel with a bright light at the end, creating a path of light on the floor. The word 'Recovery' is written in large white letters across the top. The SAMHSA logo and name are in the top right, and the phone number (800) 662 HELP (4357) is at the bottom center.

Recovery

SAMHSA
Substance Abuse &
Mental Health
Services
Administration

(800) 662 HELP (4357)

Clay Hoffman

State Senate Candidate for District 12

Visit Wakpa Ipaksan



Moody County Resource Center Receives Book Donation

Wakpa Ipaksan receives an annual donation from the Diversity Foundation Inc. out of S. Cloud, MN. This organization receives gifts from donors such as Toys for Tots. Lyle Rustad, Executive Director works with our Gordon Weston Post, who distributes the donations to surrounding reservations.

Over the past couple of years, we received a large donation of childrens books to which we gifted to the Moody County Resource Center.

Erica Rorvik was on hand to accept our donation.





November 11, 2024

Happy Veterans Day to all our Akitcitas past and present. Your sacrifices are not forgotten. As a reminder we are closed to honor our veterans on this day.

The following article was submitted by Linda Allen, wife of Tom Allen Sr.

ONE SKUNK

Sampson, the son of Peter and Josephine, was one of the first soldiers during World War II to volunteer for the famed American Rangers who were organized in 1942. The Rangers were specialized infantry units of the U.S. Army who developed stealthy, daredevil tactics opening up enemy defenses before invasions. Sampson served in the army for four years, largely in France, Ireland and North Africa. He was a much publicized and decorated soldier of whom the community and Ziebach County was very proud. He was awarded the Silver Star for one of several heroic episodes and also the Legion of Merit. An army cartoon depicting Sampson was created by Bruce Bairnsfather, an official cartoonist to the U.S. Army in the British Isles.

Sampson married Elizabeth Inamongst and they had two children. Elizabeth died in 1969 and Sampson in 1975. Sampson, Jr. is presently serving in the U.S. Air Force. Linda Allen gave birth to triplet sons on December 4, 1981.



NOVEMBER

is




DIABETES
AWARENESS
MONTH



Chronic Obstructive Pulmonary Disease (COPD) Awareness Month



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 Rad Tech Week 	4	5 <u>Diabetic Clinic:</u> Winter & DM 9a-12p	6	7	8	9
10	11 Closed 	12 <u>Diabetic Clinic:</u> COPD information 9a-12p	13	14 World Diabetes Day 10am -2pm Eat & Educate 5-7pm	15	16
17	18	19 <u>Diabetic Clinic:</u> Holiday Fitness 9a-12p	20	21 Great American Smoke out	22	23
24	25	26 <u>Diabetic Clinic:</u> Healthy Holiday 9a-12p	27	28 Closed for Thanksgiving 	29 Closed for Native American Heritage Day	30



NATIVE
AMERICAN
HERITAGE
MONTH

November 14th, 2024

(both events in HC Community room)

WORLD DIABETES AWARENESS DAY

Diabetes Awareness and Prevention
Health Fair 10:00am to 2:00pm

**Eat &
Educate**

Medicare information
5:00pm to 7:00pm

Holiday Closures:

November 11th - Veterans Day

November 28th - Thanksgiving

November 29th - Native American Heritage Day



The Great American Smoke Out

November 21st, 2024



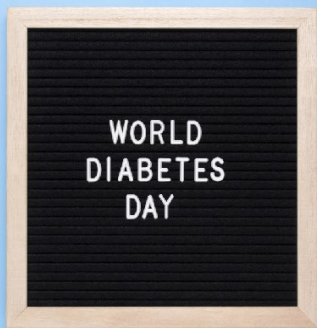
@ Flandreau Santee Sioux Tribal Health Center



@ FSST_HC

World Diabetes Day

November 14th, 2024



Health Center Community Room

10:00am to 2:00pm

Join our SDPI Team on World Diabetes Day!

Our team will provide education on diabetes prevention and management, covering topics such as foot care, nutrition, physical therapy, exercise, and other aspects related to diabetes care. Feel free to visit us for a blood glucose test, healthy recipes, and to ask any questions you might have.





STEVEN HASVOLD WINS TWO EMMY AWARDS

On October 26, 2024, Steven Hasvold, brother to Mary Hasvold, was nominated and won two Regional Emmy Awards for his work at KMOV a CBS news affiliate in St. Louis, MO.

CATEGORY #219
BUSINESS/CONSUMER - NEWS

Local Delivery Workers Getting Squeezed
KMOV
• Lauren Trager
• Noah Brooks

We're Paying for What?
KYTV
• Ashley Reynolds

Blood Scattered, Privacy Lost
KMOV
• Susan El Khoury
• Mark Hadler
• Steven Hasvold

CATEGORY #220
CRIME/JUSTICE - NEWS

Silenced
KMOV
• Susan El Khoury
• Mark Hadler
• Steven Hasvold



Royal River Casino & Hotel
Celebrates 34 Years with
Food and Entertainment!







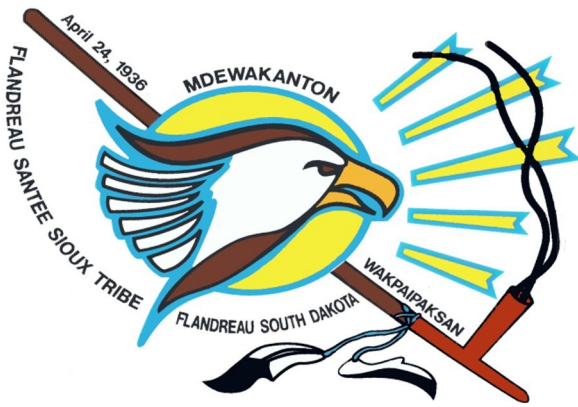
Wednesday, October 30, 2024

We traveled to the University of Minnesota, who invited us, as well as other Dakota & Ojibwe Nations to attending the ribbon cutting ceremony for their new home for the Native American Studies program, which began over 50 years ago.

Guest speakers spoke about the departments struggles over the years to be recognized as a viable program for the University. This year became an important milestone for the program who finally received their own home at Pattee Hall, which also houses the Dakota and Ojibwe Language programs.

The University's Native American studies program was the first in the nation.





Save the dates!

11/02 Quarterly General Council Meeting

11/11 Veterans Day

Offices Closed

11/25 Food Distribution

1000 West Pipestone Avenue

11/28 - Closed Thanksgiving

11/29 ~ Closed Native American

Heritage Day

The Wowapi Newsletter is a monthly publication by the Flandreau Santee Sioux Tribe.

SUBMISSION GUIDELINES:

- ♦ 25th of each month
- ♦ Must be Typewritten or Computer Generated Format
- ♦ Acceptable Formats: Hard Copy or Email

SUBMIT:

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NOTICE OF DISCLAIMER:

In preparation of this newsletter, every effort has been made to offer the most current, correct, and clearly expressed information possible. Nevertheless, inadvertent errors in information may occur from time to time. A reasonable effort to correct information will be made in the next publication.





The information in this newsletter have been compiled from a variety of sources and are subject to change without notice. Where discrepancies exist between this publication and official document(s); the official document(s) shall prevail.

The FSST makes no warranties or representations whatsoever regarding the quality, content, completeness, or adequacy of such information or data.

The FSST reserves the right, to refuse the publication of information where the subject matter is deemed inaccurate or inappropriate.

November 2024 Menu

Monday Tuesday Wednesday Thursday Friday

				 1
Dorito Cheesy Casserole Rice Pilaf Tasty Tossed Salad Peaches	4 Corn Soup Fry Bread Wojapi	5 Chicken Tenders O'Brien Potatoes Cucumber Salad Peanut Butter Sheet Cake Honey Mustard Sauce	7 Soft Shell Taco Green Chili Rice Corn & Celery Saute Tres Leches Cake	8 Ham & Bean Soup Egg Salad Sandwich Spinach Maple Salad Carrot Cake
11  Bacon Egg Casserole Hashbrowns Donuts	12 Orange Chicken Fried Rice Egg Rolls Cream Puff Dessert	13 Applesauce Glazed Pork Chops Garlic Mashed Potatoes Green Beans Oreo Delight Dessert	14 Sub Sandwich Mac. Salad Chips Fruity Pebble Cake	15 Hamburger Soup Roast beef sandwich Creamy Coleslaw Key Lime Dessert
18 Bacon Egg Casserole Hashbrowns Donuts	19 Wisconsin Cheese Soup Tropical Chicken Salad Sandwich Strawberry Fudge Poke cake	20 Chef Salad Focaccia Bread Raspberry Zinger Cake	21 Chicken Pot Pie Casserole Apple Pecan Slaw Pineapple Upside Down cake Biscuits	22 
25 Waffles Scrambled Eggs Sausage/bacon Fruit	26 Wild Rice Casserole Crunchy Veggie Salad Pumpkin Pie Crunch	27 Pork Loin Mashed potato/gravy Brussel sprout bake Choc/vanilla Layer cake	28 	29

Grace Moore Senior Citizens Center 997-2924

*Menu subject to change without notice.