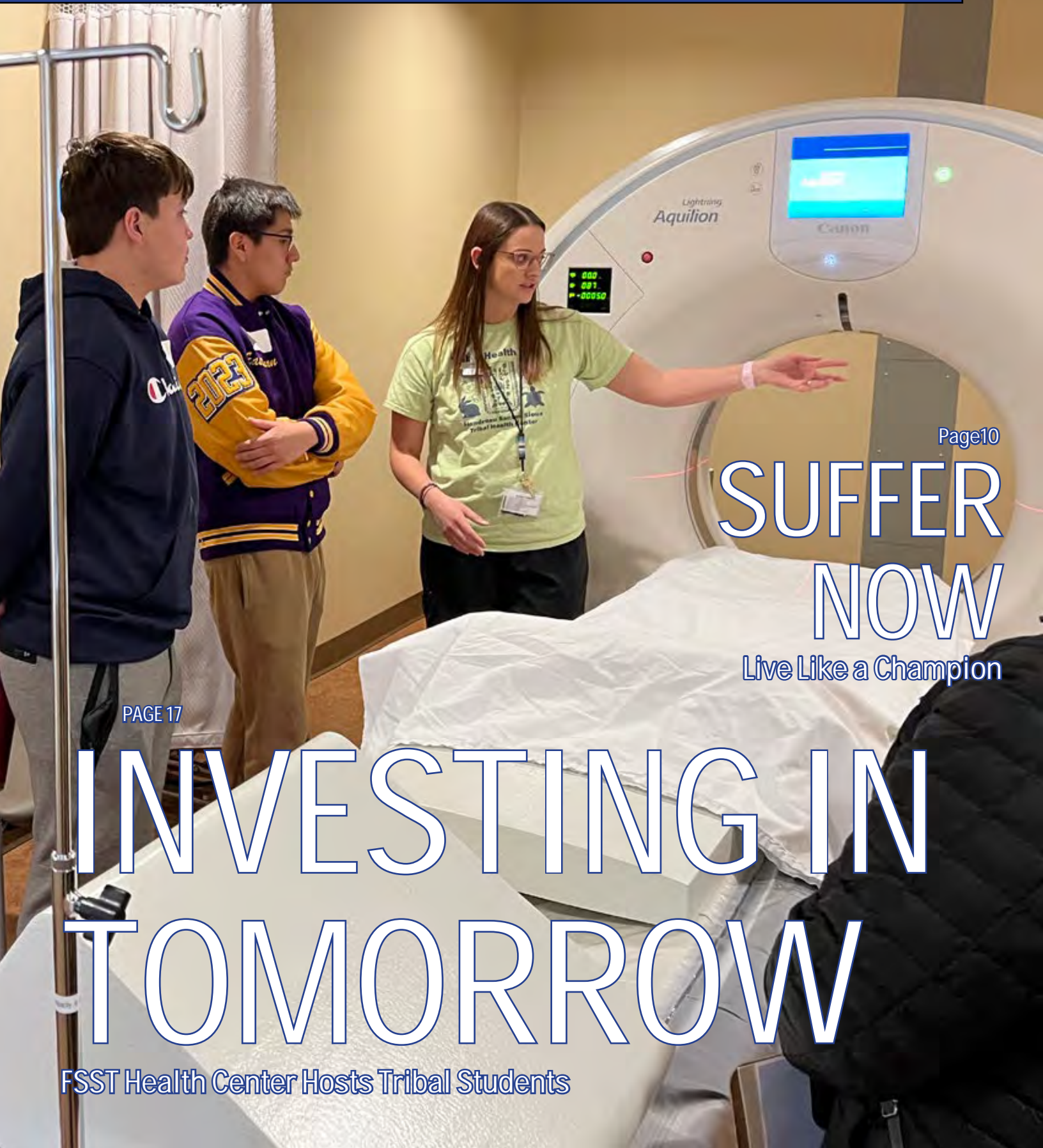


Wotain Wowapi

(News Paper)

Wakpa Ipaksan

Išta Wičayazan Wi 2023
(March)



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SUFFER
NOW

Live Like a Champion

PAGE 17

INVESTING IN
TOMORROW

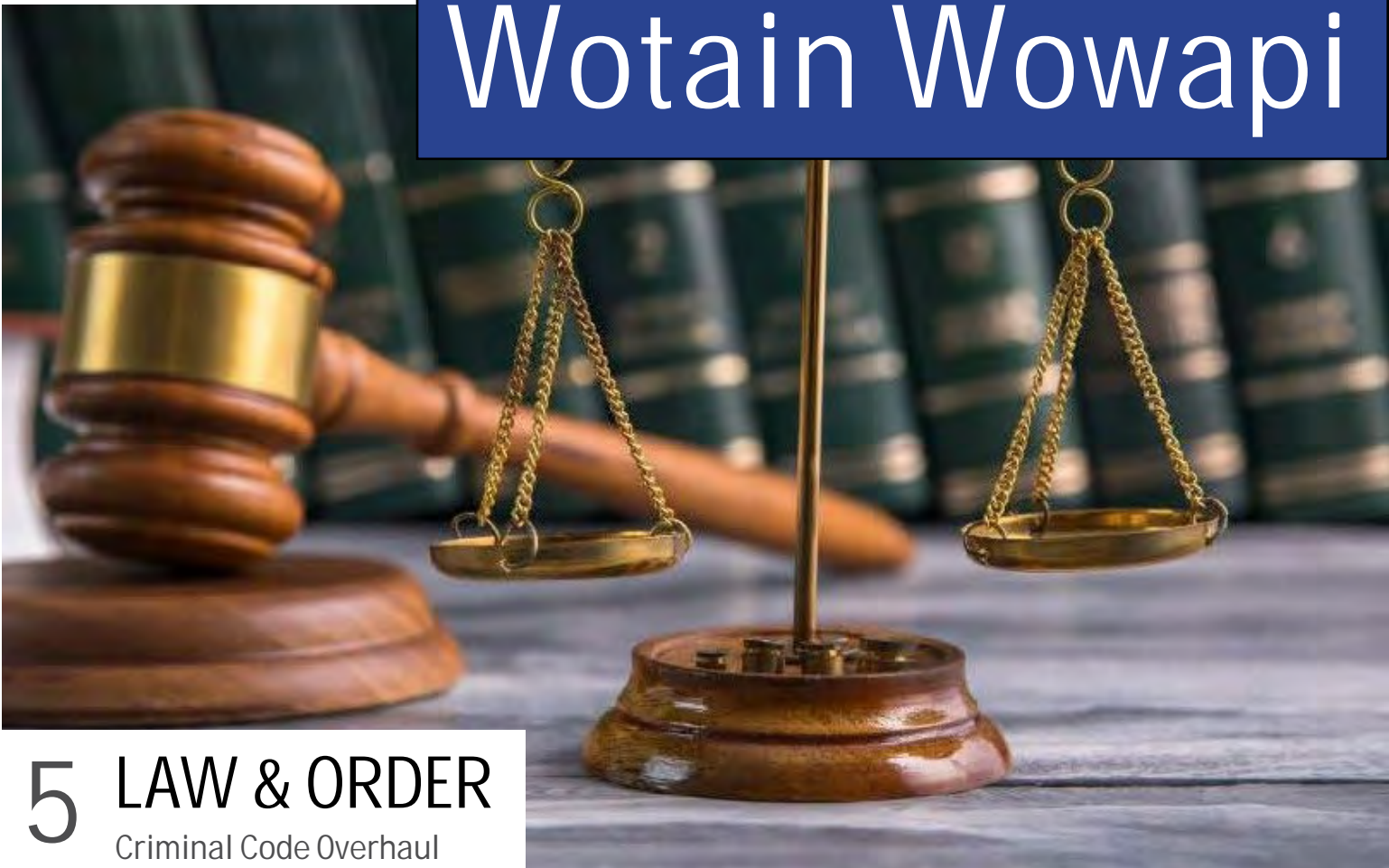
FSST Health Center Hosts Tribal Students

**ALL FSST TRIBAL ELDERS
MUST PRESENT ID BEFORE
RECEIVING ELDER COUPONS AND
REDEMPTIONS OF COMPS.**

THANK YOU!



Wotain Wowapi



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Jayden Lange's Fight

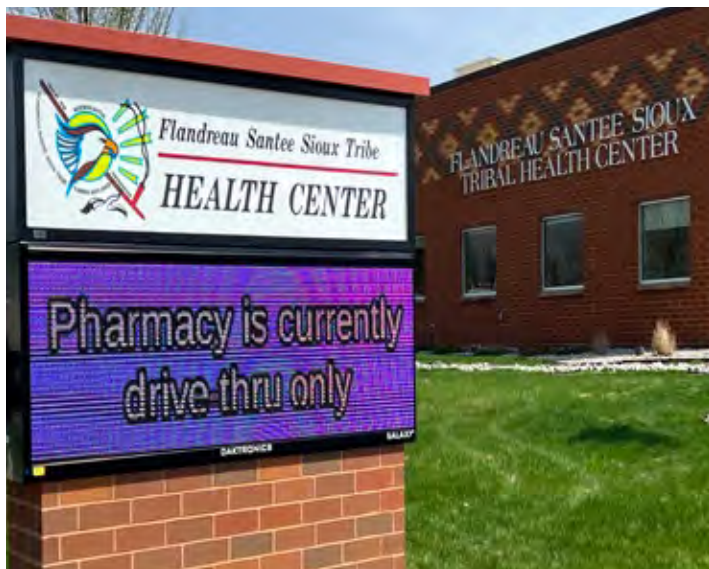


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Wicoicaga Otipi Community Center
503 W. Broad Ave.



APRIL 2023

Closed on Holidays & Administrative Days

Noon Walks

MONDAYS THRU THURSDAYS

11:00am to 1:00pm

Please bring CLEAN walking shoes. Lockers available.

Call Sylvia for more questions (605) 573-4195

FROM THE PRESIDENT



Hau Mitakuapi

I hope this April newsletter finds everyone in good health and spirits. To those feeling down or ill please know that you are not alone and we are all here for you and if you need help love or support please reach out.

This has been a long cold and snowy winter but the warm temperatures are on their way. Winter blasts have definitely been affecting our businesses but we are still in a good position and poised to charge forward with a great summer with some more of our new projects coming to fruition.

We've made some adjustments to our medical cannabis program by accepting licenses from other jurisdictions and have begun to see a nice flow of patients returning to purchase from us. We have also been working diligently on new opportunities for our tribe and businesses and look forward to expanding into additional areas with minimal upfront expenses that will generate income to the tribe.

The executive committee has been monitoring the overall budget and will continue to do so as there is always variables the come up that weren't budgeted for but they are tasked with duty to try and support as much effort as we can for the membership. Unfortunately a bonus for the Easter holiday was not in the budget but did get discussed in an executive committee meeting but at the time it was decided to stick with the budget in order to maintain the current monthly expenses. Our newer entities are still young but are sending good returns to the tribe we just need a little more time to let them mature before we can open up more exciting programs and benefits to our tribe and the tribal membership. The future is looking very positive have a great April.

The Flandreau Santee Sioux Tribal Newsletter is a monthly publication by the Flandreau Santee Sioux Tribe.

Digital photos or sending other original files is encouraged.

Deadline for submission of material is 5 work days before the 15th of each month

Flandreau Santee Sioux Tribe

Attn: David Kills A Hundred

P.O.Box 283

Flandreau, SD 57028

Or call: 997-3891 ext. 1238

david.killsahundred@fsst.org

Notice of Disclaimer

In preparation of this newsletter, every effort has been made to offer the most current, correct, and clearly expressed information possible. Nevertheless, inadvertent errors in information may occur. In particular but without limiting anything here, the Flandreau Santee Sioux Tribe (FSST) and its employees disclaim any responsibility for typographical errors and accuracy of the information that may be contained in the Flandreau Santee Sioux Tribe's Newsletter. The FSST also reserves the right to make changes at any time without notice.

The information in this Newsletter have been compiled by the FSST Newsletter staff from a variety of sources, and are subject to change without notice. The FSST makes no warranties or representations whatsoever regarding the quality, content, completeness, or adequacy of such information and data. In any situation where the official printed documents take precedence.

If inaccurate or otherwise inappropriate information is brought to our attention, a reasonable effort will be made to print a correction in the next month newsletter, we reserve the right to omit submissions if it is felt that the content or subject matter is inappropriate.

Newsletter Submission Guidelines:

All information submitted for the newsletter must be received 5 [five] working days before the 15th of each month. We cannot guarantee inclusion of any submissions after that date in that month's newsletter. Submissions must be made in typewritten (or computer generated) format. They can be submitted directly to David Kills A Hundred in hardcopy on disk or via email at:

david.killsahundred@fsst.org

The FSST reserves right to edit submissions for content and clarity when appropriate. Additionally, submissions not of a time sensitive nature may be delated for next month newsletter

LAW & ORDER

A long overdue overhaul of the Tribes criminal code

From time to time, it is important for the tribe to go through its codes. Processes change, laws change and need to stay current with the times. In February of 2023, the Executive Committee approved a massive overhaul of the Tribal Law and Order Codes. Changes were made to Title 1 (General Provisions), Title 2 (Criminal Procedure), Title 3 (Criminal Law), and Title 8A (Banishment Ordinance).

The Law-and-Order Codes never truly sit idle, the codes are a living document. Therefore, it is ever evolving. Baby steps here and there. Sometimes updating titles, sometimes amending

titles. And if something does not fit, it can remove parts because it is no longer relevant. But occasionally, much like what Professor Xavier said; evolution leaps forward.

Title 1 is the general provisions that are applied across all titles of the code, and in any civil or criminal case. The legal department updated Title 1 in 2018 and then revised again in 2022. For the Tribe to comply with the Tribal Law and Order Act (which is optional) the Tribe needs to include some provisions such as; The Tribe must publish its laws. The way the tribe publishes its laws is on the government tab of the Flandreau Santee Sioux Tribes website. The point of that is if the Tribe is going to enforce its laws on the community, then it is only fair that the community knows what the laws are. The 2022 Amendment incorporated the Tribes preference to have all its jurors be tribal members.

Title 2 has not been revised since approximately 1997. The Tribe has been working on amendments to Title 2 since 2020. Title 2 had substantial changes made to it, with respect to sentencing and the rights of criminal defendants. The Tribe has been working on amendments for Title 3 since 2018. And Title 8A was first adopted in 2000. Title 8A was amended in 2002 and did not see any other revisions until February of 2023.

Some fundamental revisions have been made to the Law-and-Order codes. For example; previously the Tribe had a statute of limitations of three years for any kind of crime, including homicide. With the revisions, the statute of limitations for misdemeanors are still three years. But, for felony offenses the statute of limitations is now 7 years. For homicide or any kind of sex offense against a child there is no statute of limitations at all.

Other fundamental revisions include; Tribal Law and Order Act provisions the Tribe adopted. The Sex

Offender Registration and Notification Act that the Tribe is substantially compliant with. The Tribe added new offenses to its criminal code and amended some older offenses. It incorporated mandatory criminal procedures to enhance public safety. There are now record provisions on how the court may or must provide criminal convictions, again to increase public safety. And the court may order a convicted person to pay back costs for being detained. Forfeiture and transfer of assets may be ordered.

With the latest changes law enforcement will be able to better police. The courts will have more flexibility in their sentencing. And it is a benefit to the defendants who are charged with offenses under the TLOA provisions adopted by the Tribe.

New Offenses under Title 3

Voyeurism

Voyeurism of a minor

Child pornography is changed to Child

Sex Abuse Material (CSAM)

Receipt of CSAM

Distributing/possessing CSAM

Prostitution

Solicitation for prostitution

Housing/transport of a minor to facilitate a prohibited sex offense

Sexual assault

Aggravated sexual assault

Selling/buying of children

Sexual abuse of a minor or ward

Photographing or recording of a person in

the nude or during a sex act

Distributing photographs or recording of

a person in the nude or during a sex act

Juvenile sexting

Trafficking for sex

Bestiality

Criminal sexual predatory conduct (eg

grooming or stalking)

Violating registry ordinance

Harboring a sex offender

It is easy to feel that people who commit sexual assault on children should be buried under the prison. But there are practical reasons that removing the statute of limitations is a necessary step to helping victims of child sexual assault.

Research has shown that **sometimes a young person may not understand that they were assaulted. As they become an adult they realize that what happened to them was inappropriate and they will be able to seek legal recourse.**

Sometimes a young person who has experienced an offense may confide in an adult. But, for one reason or another, the case will not be reported to law enforcement.

Often a young person will disassociate, they genuinely can't recall it happening. As adults, often in therapy, that sometimes that comes out.

The full Law and Order code can be found at the FSST website <https://fsst-nsn.gov/>. Under the [Government](#) tab.

Tiwahe Family" Night

Every last Wednesday @ 6:00pm

Wicoicaga Otipi Community Center

6pm: Prayer & Eat

6:15pm: Speaker

6:30pm: Activity

BRING TIWAHE!

BRING A DISH!

Dates

Activity

Potluck

Dates	Activity	Potluck
February 22nd	Obstacle Course	Family's Favorite Food
March 29th	Matt Ball	Mexican Cuisine
April 26th	Bean Bag Tournament	Italian Plates
May 31st	Traditional Games	Traditional Foods
June 28th	CLNTO	Cookout

QUESTIONS: CONTACT SYLVIA @ 573-4195

F&S&T Recreation presents

2023 Women's

Group Talks

Potluck

Every first Wednesday each month.

7pm

Contact Sylvia @ 573-4195

Circle Wednesdays



SUMMER YOUTH OPPORTUNITIES

ITBC Buffalo SeedKeepers Traveling Summer Field Crew

Seeking 4 Field Techs (\$20/hr) and 1 Field Crew Lead (\$25/hr) for 10 Week Appointment (Jun-Aug 2023)

- Travel to 5 Tribal and NPS sites in the Great Plains to collect Native grass and forb seeds to contribute to a Seed Library
- All Travel Paid in addition to hourly - some camping required
- Field work experience preferred - nearly all outdoor work
- Shared housing is included in Rapid City for time off work
- Botany experience preferred, but training provided
- Strong positive attitude and work ethic, and ability to work well on a team is necessary
- [Letter of Interest and Resume Due 3/17/23](#)

ITBC/Yellowstone National Park Summer Buffalo Internships

Seeking 4 Summer Interns (\$15/hr) for 9 or 12 Week Appointments to assist the Bison Program at Yellowstone National Park

- 2 internship sessions (Apr 16-Jun 18, and Jul 24-Oct 13) working at Yellowstone National Park
- Small travel and tax reimbursement bonus at the beginning and end of sessions
- Help care for buffalo in the Bison Conservation Transfer Program and also assist field crews - some backcountry hiking and camping required
- Field work experience preferred. Interest in Tribal Buffalo Restoration required. Environmental experience preferred
- Shared housing provided in Gardiner, MT for duration of internship
- [Letter of Interest and Resume Due 3/10/23](#)

ITBC Summer Office Internships

Seeking 2 Interns to help in the ITBC office for Summer 2023

- Pay is \$15/hr. Shared housing in Rapid City, SD is provided
- Candidates will have an interest in Tribal Buffalo Restoration and willingness to learn a wide variety of tasks
- Most work will be in an office setting but will also include travel and field work as available during the season (travel expenses paid)
- Will learn about all workings of ITBC and participate in a wide variety of projects
- [Letter of Interest and Resume Due 3/24/23](#)

ITBC's Red Calf Cohort: HS Summer Program

Accepting 6 Native High School Students for all-expenses paid summer experiences in 3 locations

- Spend the summer learning about buffalo, nature, and careers in the natural resources with other like-minded students and ITBC staff
- 1 week-long camp in the Black Hills of SD (June 19-23)
- 1 week-long camp in Yellowstone National Park, WY (Aug 14-18)
- Attendance for you and a guardian at ITBC's Annual Membership Meeting (Fall 2023, Date and location TBD)
- All expenses paid for Camp Weeks
- Application details TBD!

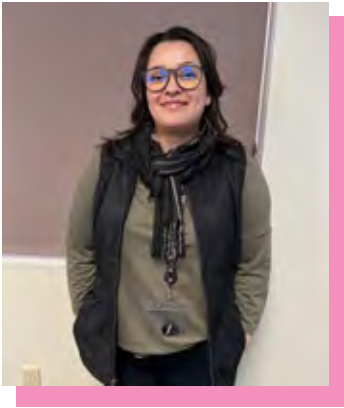
***InterTribal Buffalo Council is an equal opportunity employer. The Organization does not discriminate by race, color, creed, national origin, age, religion, sex, marital status, sexual orientation, or disability, although the Organization provides an Indian preference for employment.

INTERESTED? TO LEARN ABOUT ALL OPPORTUNITIES
ATTEND A WEBINAR 3/2/23 AT 11AM, 3PM, OR 6PM
Webinar Link: <http://bit.ly/itbcyouth>



For questions, email
admin@itbcbuffalonation.org

WELCOMING NEW FACES



ROSALIE NELSON

“My name is Rosalie Nelson. I have over 10+ years of Administrative, Management and Coordination skills and experience working for Royal River Casino and Hotel. I have 3+ years in Human Resources and received my Human Resources education through SHRM-Society for Human Resources Management. I will be located directly at Pharms, LLC. I have an open door policy, so please don't hesitate to come see me! Thank you all for the warm welcomes!

My phone number will change in the future when I get my new business cell phone, so for now, I can be reached at 605-530-6383.”

DEBRA WAKEMAN



We would like to welcome our newest member Debra Wakeman.

Debra has joined us on Wednesday, March 8, 2023, as our Chief Human Resource Officer. She will be based at the Tribal Office. Debra has worked in the Human Resource field for over 23 plus years and graduated from Colorado Technical University.

We are excited to have Debra come on board. You can reach out to her if you need assistance at (605) 997-3891, ext 1200.

LAUREEN HERRICK



Lauren started Wednesday, March 8th, 2023 as Tobacco Operations Manager. Her office is based out of the old clinic building. Lauren has had many jobs with the tribe and Royal River Casino.

Lauren is happy to be here to help our tribe grow into more businesses! She can be reached at 605-997-3891 ext 1239.

ASHLEY JOHNSON



Ashley has joined us on Wednesday March 15th, 2023 as our LPN at the FSST Care Facility. Ashley has worked as a nurse for 9 years and graduated from Southeast Tech. We are excited to have Ashley with us. Welcome aboard Ashley!

“I previously worked at FSST Health Center as a nurse floating from provider nurses to the Covid swabber during Covid”.



SYBIL SCHULTZ

Sybil has joined us on Wednesday March 15th, 2023 as our LPN at the FSST Care Facility. Sybil has worked at Avera Sunrise Manor in Tyler MN and graduated from MN West Community Technical College. We are excited to have Sybil with us. Welcome aboard Sybil!

“2 boys Trevor Senior (18) Levi Freshman (15). Ran Motocross. Currently full time RN student at Southeast Technical Institute. Have radiology and medical laboratory degrees. Have worked in healthcare for 12 years. I love coffee and caring for others!”

ADAM BOSE

Adam has joined us on Wednesday March 22nd, 2023 as our Cook at the FSST Care Facility. We are excited to have Adam with us. Welcome aboard Adam!



ROSE FLUTE PLAYER

Rose has joined us on Wednesday March 22nd, 2023 as our Housekeeper at the FSST Care Facility. We are excited to have Rose with us. Welcome aboard Rose!



CHRISTI CHIRSTIONSUM

Christi has joined us on March 23, 2023 as a Housekeeper for the FSST Care Facility. Christi has previously worked at the Hendricks Community Hospital and graduated from Hendricks High School. We are excited to have Christi with us. Welcome aboard Christi!

“I grew up in Hendricks, MN. Attended Hendricks school. Graduated in 1982. After graduating I started work in the Dietary Dept. at the Hendricks Community Hospital for 34 years. Moved to Flandreau in 2018. I’m very excited to start this new chapter in my life.”



SUFFER NOW

LIVE LIKE A CHAMPION



Jayden Lange signed a letter of intent to wrestle for Dakota Wesleyan starting this fall. She's the 1st wrestler from Flandreau in 17 years to go to school for wrestling

Wrestling dates as far back as 2300 B.C.E. depictions of wrestling matches appear on Egyptian tombs. Greeks and Romans saw it as a genuine martial art useful in both competition and in warfare. Wrestling is even featured in the Bible when Jacob wrestled an angel and became the leader of his people. But modern day wrestling in high school didn't become common until the formation of the United States Wrestling Foundation in the late 1960's.

Jayden Lange's parents are Shane Grant (step father) and Tarin Allen (mother). Her grandfather is Victor Allen. Her Great-Grandparents are Sally Allen and Richard "Chuck" Allen. Jayden went to high school at Pomona High School in Colorado her freshman and sophomore year, then transferred to Westminster High School Colorado for junior year afterwards transferring to Flandreau in the beginning of September.

Jayden Lange began wrestling in the 7th grade. She has been passionate about combat sports her whole life but didn't initially give wrestling much thought; "Well originally I never wanted to wrestle because I thought singlets were weird." She practiced Jiu Jitsu starting at the age of 6 which she has continued to practice for over 10 years. In the 4th grade she moved to Colorado and got into boxing and kickboxing. Then in the 7th grade she received a flier for a wrestling club; "It said 'girls are welcome'. I came

home, like, super excited! And I just kinda fell in love with it".

Jayden is a very soft spoken young woman. Jayden admits that she keeps few friends and is a private person; choosing to stay at home most times rather than hang out with people. But she does profess a love of snowboarding during the winter and jet skiing during the summer. With wrestling being her obvious passion and hobby.

Jayden credits her stepfather for being one of two main inspirations for being interested in combat sports. "He wrestled from middle school to all the way through college. And then he progressed and became a professional MMA fighter". He became Jayden's wrestling coach. The other person she credits is Spencer Lee, a Denver born wrestler for the Iowa Hawkeyes. Jayden speaks of Spencer with reverence; "Love that Guy!"

In the 2022 - 2023 Wrestling season Jayden got her hundredth win. A feat not accomplished by many women in South Dakota. Her feelings towards the accomplishment are humble, but she does acknowledge an unfortunate reality in women's wrestling. "It's really hard for girls to get. It's easier for boys to get their hundredth win because there's obviously a lot more boys wrestling". Women's wrestling didn't become common until the 1980's. Even now there are still 18 states in the United States that have not sanctioned Women's competitive wrestling.

Jayden talks about the disparities between wrestling in Colorado and South Dakota; "So, back home in Colorado it was a lot.. wrestling is a lot bigger back in Colorado. So I never really wrestled the same girls that many times. But here definitely a lot smaller". She recounts having to wrestle a girl in South Dakota 4 times. Something unheard of for Jayden. While Jayden does enjoy winning, it is the matches that she struggles in that she is most fond of. "Just going all three periods. Going super close. And it's just.. that's probably more fun for me than winning; is just going out there and just wrestling and just doing the best I can".

Jayden is looking forward to freestyle wrestling in college. Folk style wrestling puts more emphasis on controlling your opponent, while freestyle puts more emphasis on exposure points. Also in Freestyle wrestling there are two three minute periods rather than Folk styles three two minute periods. Jayden is all smiles when speaking about Freestyle wrestling; "Freestyle's definitely a lot more fun, because I like throwing people!"

Jayden aims to major in business management. Looking further Jayden wishes to continue wrestling, in particular she would like to relocate to Colorado once more to train at the Olympic training center with the ultimate goal of competing in the Olympic winter games.

ROYAL RIVER HOTEL & CASINO MARCH PROMOTIONS



1.877.912.LUCK | ROYALRIVERCASINO.COM | 607 S VETERANS ST., FLANDREAU, SD

Royal River Casino & Hotel reserves all rights to cancel or modify this program at anytime. See Players Club for promotional rules and details. Must be 21.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
St. Patrick's Day MARCH 17 5PM - 10PM \$2 GREEN BEER			1 8AM-8PM 	2 8AM-12AM 	3 5PM-10PM GREAT GOLF CART GIVEAWAY	4 5PM-10PM GREAT GOLF CART GIVEAWAY
5 4PM-9PM 	6 4PM-9PM 	7 4PM-9PM 	8 8AM-8PM 	9 8AM-12AM 	10 5PM-10PM GREAT GOLF CART GIVEAWAY	11 5PM-10PM GREAT GOLF CART GIVEAWAY
12 4PM-9PM 	13 4PM-9PM 	14 4PM-9PM 11M 2PM-9PM HOOP MADNESS	15 8AM-8PM 	16 8AM-12AM 	17 5PM-10PM GREAT GOLF CART GIVEAWAY St. Patty's Day!	18 5PM-10PM GREAT GOLF CART GIVEAWAY
19 4PM-9PM 	20 4PM-9PM 	21 4PM-9PM 11M 2PM-9PM HOOP MADNESS	22 8AM-8PM 	23 8AM-12AM 	24 5PM-10PM GREAT GOLF CART GIVEAWAY Reservation Dogs Concert	25 5PM-10PM GREAT GOLF CART GIVEAWAY
26 4PM-9PM 	27 4PM-9PM 	28 4PM-9PM 11M 2PM-9PM HOOP MADNESS	29 8AM-8PM 	30 8AM-12AM 	31 5PM-10PM GREAT GOLF CART GIVEAWAY	 SEE THE LATEST PROMOTIONS AND ENTERTAINMENT AT ROYALRIVERCASINO.COM

MARCH 17 | 5PM - 10PM
St. Patrick's Day
FREE 200 QUESTS TO EARN 100 POINTS OR HIGHER, WIN A ST. PATTY'S DAY T-SHIRT
PRIZES & COUPONS OF 100 POINTS AND SHIRTS BY THE SHOWS CENTER



RESERVATION DOGS
FEATURING STEN JODDI, LIL MIKE & BONE

MARCH 24 | 8PM ²¹⁺
Tickets starting at \$30
 Purchase tickets at ROYALRIVERCASINO.COM or at the Casino Gift Shop or call 1-800-838-3006.



RECOVERY MEETINGS

MONDAY 6PM - 7PM
EASTMAN HALL

OPEN TO THE PUBLIC
 GATHERING FOR ALL STAGES OF RECOVERY OR STARTING RECOVERY

Helen (Gilbert) Hart



Helen Hart was born in Pipestone Minnesota on January 18th, 1954. The day was bitterly cold, 30 degrees below zero. Possibly due to the extreme cold outside Helen's father was unable to get the family car started so he asked a family friend, Ron Rydell, who worked for Old Home Bread, to give him and his wife a ride to the hospital. Ron answered the alarm and did arrive with the Old Home Bread truck that he drove for work and drove Helen's family to the hospital. Yes; a woman with a 'bun in the oven' was driven to the hospital in a bread truck.

Helen's Father was William John Gilbert from Cross Village Michigan. His parents were William Anthony Gilbert and Helen Kishigobenese. Helen's mother was Arlene Heminger from Flandreau South Dakota. Her parents were Felix Heminger and Agnes Dauphine. Helen has four

siblings; Ron, Bill and Wendy Gilbert and an older half-sister Lee Ann Tall Bear.

Helen lived in Flandreau until the 5th grade when she, Wendy and Bill moved to Harbor Springs Michigan with their father and Grandmother. Growing up, Helen had plenty to do. "Well, in Michigan there was a heck of a lot more variety." She and her friends kept busy riding bikes, swimming in Lake Michigan, playing sports, and sledding and skiing. "It's a four-season state." But some of Helen's favorite things to do growing up was spending time with her grandmother and her father. "I'd go hunting and tracking with my dad. My grandma too, she was an avid hunter." She would also go spear fishing with them along the creeks of Michigan. Her grandmother taught her what berries to pick when they would gather berries. She mentions tapping

maple trees to make maple sugar with her grandmother. Hunting for mushrooms with her grandmother and having an extraordinary amount of apple trees to gather from.

It was not always fun, however. Their home did have electricity, but no running water. Water was hauled from a spring close to where they lived. She told of a chore they had to do growing up; "For chores we did a lot of stacking wood. Cutting wood. It was not a favorite of ours, but we did it." She continues describing it while laughing, "Every time we saw a load or cord of wood get dumped in the yard we were like; 'oh man!' Come home on the bus and there'd be a big pile of wood sitting there and we're like; '...Crap!' That was the end of the day till dinner time!"

Also, at this time the Detroit Riots were happening. Helen and her sister spent a summer in Flint and Detroit with relatives. Helen and her sister, Wendy, left just before they erupted in earnest. But she does remember the tension, even if she did not fully understand what was happening. She talks about some African American children from Detroit that were sent north to protect them from the violence happening in Detroit. She made friends with a few of the kids sent north and after getting to know them she finally had an idea of what was happening in Detroit. "They kept to themselves. Cause, I mean... me and Wendy and Bill were like pepper in a saltshaker. There weren't that many Native American students in public school. They all went to Catholic school. So, when these kids came up north it was to a predominately white school, and they were VERY cautious. So, getting to know them was pretty easy for me. But they were real cautious around the white kids."

And then there was the hippy movement happening as well. For Helen this was somewhat of a hit or miss time. She mentions the 3-day music festivals at the beaches of Lake Michigan and that the background, the energy, and the music was amazing. But there was one thing about the hippies that she truly did not like causing her to avoid the hippies

altogether. Helen's father was concerned when he noticed that she was not spending time at the beach because of the hippies and asked if she was scared. It was because of the hippies, but it was not because she was scared which confused him. When he asked why she avoided the beach she had a simple answer; "They stink! I don't want to be around them!"

Soon after Helen moved back to Flandreau. Her variety of activities was diminished, but she does talk about "bothering" her brother Ron while he would fish and hanging out with her cousins. Helen graduated from Flandreau High School in 1972. In 2013 she finished her higher education at USF in Entrepreneurial Studies; "It's never too late. I was always telling kids I worked with in the youth program, you know, stay in school. Go to college. Get your degree." She continues; "So, after I got finished with the youth program I just thought well, put up or shut up."

In 1972 she had her first marriage and had three children; Derrick, Adam, and Lindsay. After divorcing her first husband she married Lynn Hart in 2009. She mentions an interesting fact about where her marriage in 2009 took place;

"Get this. Buffalo. The City of Buffalo in Harding County South Dakota!" She laughs for some time before being able to finish. "Trump country! Oh my god!" Helen was concerned if they would even be allowed to marry there. "I was like, are you sure? Are you sure?! He was just like 'we'll be fine.' Rush Limbaugh on the radios 24/7!"

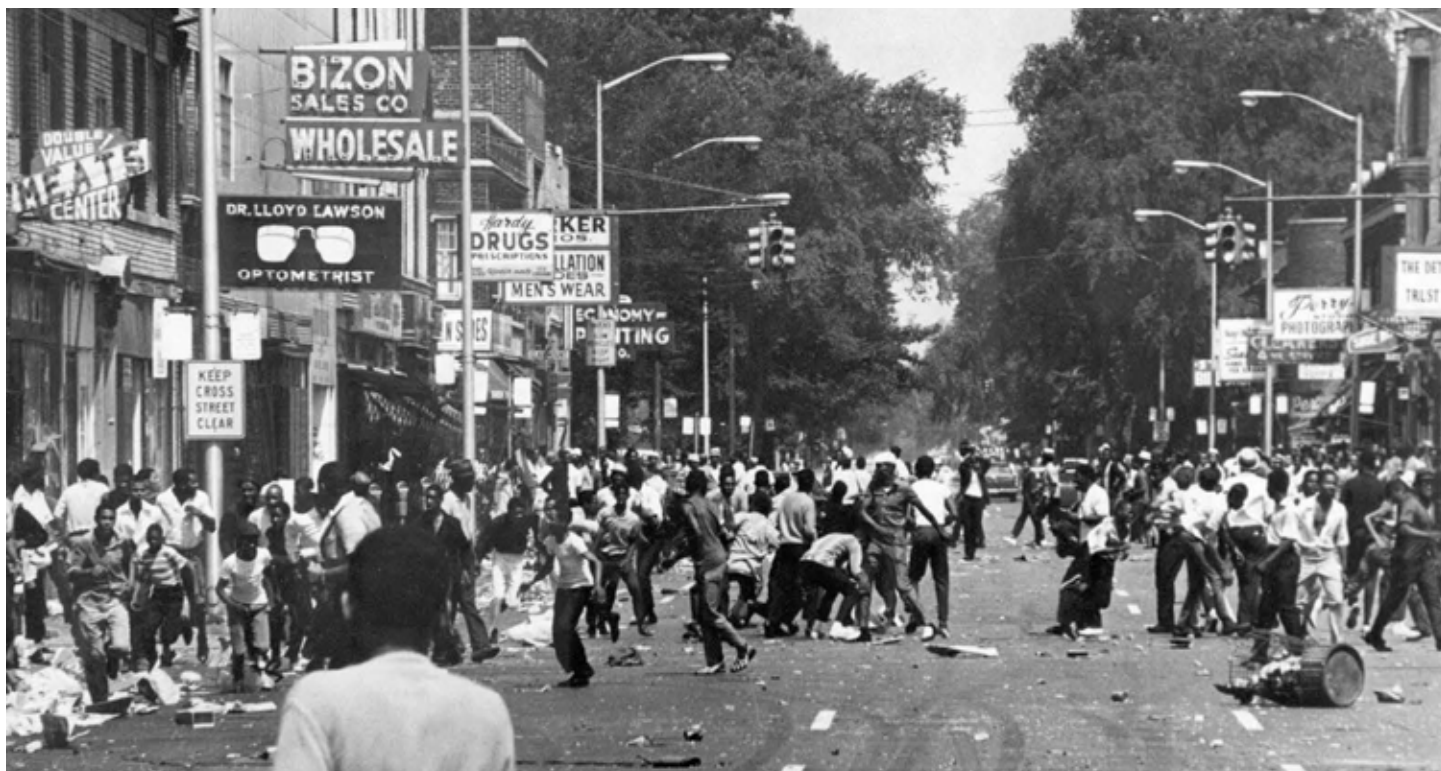
2009 was also when Barack Obama was elected to office. Helen became a Tribal Field Coordinator for his campaign. She and Lynn met the presidential candidate in Sioux Falls when he met with veterans at a pancake feed. When Obama won the presidency, they jumped into a 1986 Mercury Grand Prix and took a road trip to Washington DC for Obama's inauguration. "We cried during his speech, a lot of folks were crying happy tears."

Highlights of the DC trip was meeting Malika Shabazz, Malcom X's daughter, seeing the Crow Horse delegation in the inaugural parade and the Mink Coat delegation of African American women in full length coats and fur hats in the crowd. Three million people, amazing.

Helen's hobbies include gardening, tending to her horses, as well

as plenty of at home projects that she likes to work on. She is also a big movie buff. Her favorite movie is Tombstone, she is an enthusiastic fan of the DC/Marvel superhero movies. "I'm a DC comic book kid from the 60s. I collected everything back in the day. And what they've done with movies and the graphics! You know, can't exceed your imagination, a kid's imagination, but they're pretty darn close!"

It makes sense that she is a fan of superhero movies. Helen's experience with the Detroit Riots made her sensitive about race and social injustice issues for Native Americans and Non-Natives. Even with the current political and social climate, she wished to implore the youth of today; "To the LGBTQ kids, be yourself. There's tons of opportunities out there. Go out there and explore." She expands further to say; "To all the kids I would say, you know, stay in school. Go to school. Go to college. Go to a trade school. We need techies, we need professionals. We need politicians, it might not seem like right now we do but we do! just... join the military." She ends with a simple suggestion to the youth; "Go out and see the world. It's a big world out there."



People rioting in Detroit, 1967. Scenes like this played out all over America in the 1960's. Less than a year after the Detroit Riots of 1967 Martin Luther King Jr. was assassinated on April 4th, 1968, sparking civil unrest in cities all across the country, including Detroit.



IHS DIRECTOR VISITS FSST HEALTH CENTER

On Tuesday February 28th, 2023, the Flandreau Santee Sioux Tribal Health Center received a visit from the Indian Health Services Director Roselyn Tso, as well as the interim Director for the Great Plains Region located in Aberdeen. Roselyn Tso, an enrolled member of the Navajo Nation, sought to fulfill a personal goal of visiting all IHS, tribal and Urban Indian Health locations across the country.

On its surface it was a simple political visit, shaking hands and kissing babies.

While that could be misconstrued as being cynical it is necessary for future clinic funding. And fortunately for the tribe, Director Tso's Officer of Finance Jillian Curtis was one of the visitors. To be clear, the clinic will receive its agreed upon funding by virtue of the contract signed with the government. But should the tribe require more funding to see other programs that could help the community come to fruition it is much simpler (and faster) if there is an established person-to-person relationship built up with the individuals who make those financial decisions for IHS.

Indian Health Services typically fund through yearly appropriations. Through the tribal consultation process IHS was able to secure advanced appropriation for 2 full years (FY2023 and FY2024). Now they are striving for 10-year advanced appropriation in the future to keep continuity of programs and promote strategic planning at the service level. Essentially, if there are to be any more government shutdowns it will not impact tribal clinic or program funding on the reservations.

President Reider spoke candidly about the mental health crisis that

continues to impact the community. He appealed to the Director for more support for those in the community who struggle with addiction and loss. Trustee Jonathan Schrader supported President Reider's position by recounting many of the community members recently lost due to addiction and mental health issues.

Treasurer Ryan Kills A Hundred emphasized the importance of a stable workforce. He spoke of making an investment in people to keep a highly engaged staff who are vital to delivering high quality care and series to the community. Amanda McMillian bolstered that sentiment by talking about how much she loves our community and how she would have to be dragged away from the clinic.

The meeting concluded with a tour of the FSST Health Clinic. Director Tso and Jillian Curtis commended the FSSTCH for the strategic use of ARPA funding to respond to the COVID crisis as well as effectively advance the quality and capabilities of the clinic for growth and the future. Jillian Curtis put particular emphasis in her appreciation for the work that our clinic did related to Patient Benefits and Enrollment in State and Federal medical coverage for beneficiaries.





IHS Director Roselyn Tso



FSST HEALTH CENTER

APRIL 2023 NATIONAL WELLNESS MONTH

S	M	T	W	Th	F	S
						1
2	3	4	5	6	7 <i>Closed</i>	8
9 	10 <i>Closed</i>	11	12	13	14	15
16	17	18	19	20	21	22 
23	24	25	26	27	28	29
30						

FLANDREAU SANTEE SIOUX TRIBAL HEALTH CENTER



REGULAR HOURS OF OPERATION:
MONDAY - THURSDAY 8AM - 5PM
FRIDAY 8AM - 4:30PM

PLEASE
notice

We will be closed on Friday April 7th and Monday April 10th for Easter weekend.

Thank you

The tribal clinic is here for you. Please call the FSST Health Center (605) 997-2642 to schedule an appointment, or if you have concerns about COVID or symptoms, the COVID vaccine or for additional information about any of our services.

Tiwahe "Family" Night

Every last Wednesday @ 6:00pm

Wicoicaga Otipi Community Center

6pm: Prayer & Eat

6:15pm: Speaker

6:30pm: Activity

BRING TIWAHE!

BRING A DISH!

Dates

Activity

Potluck

Dates	Activity	Potluck
February 22nd	Obstacle Course	Family's Favorite Food
March 29th	Matt Ball	Mexican Cuisine
April 26th	Bean Bag Tournament	Italian Plates
May 31st	Traditional Games	Traditional Foods
June 28th	CLINTO	Cookout

QUESTIONS: CONTACT SYLVIA @ 573-4195

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FSST Recreation presents

2023 Women's

Group Talks

Potluck

Every first Wednesday each month.

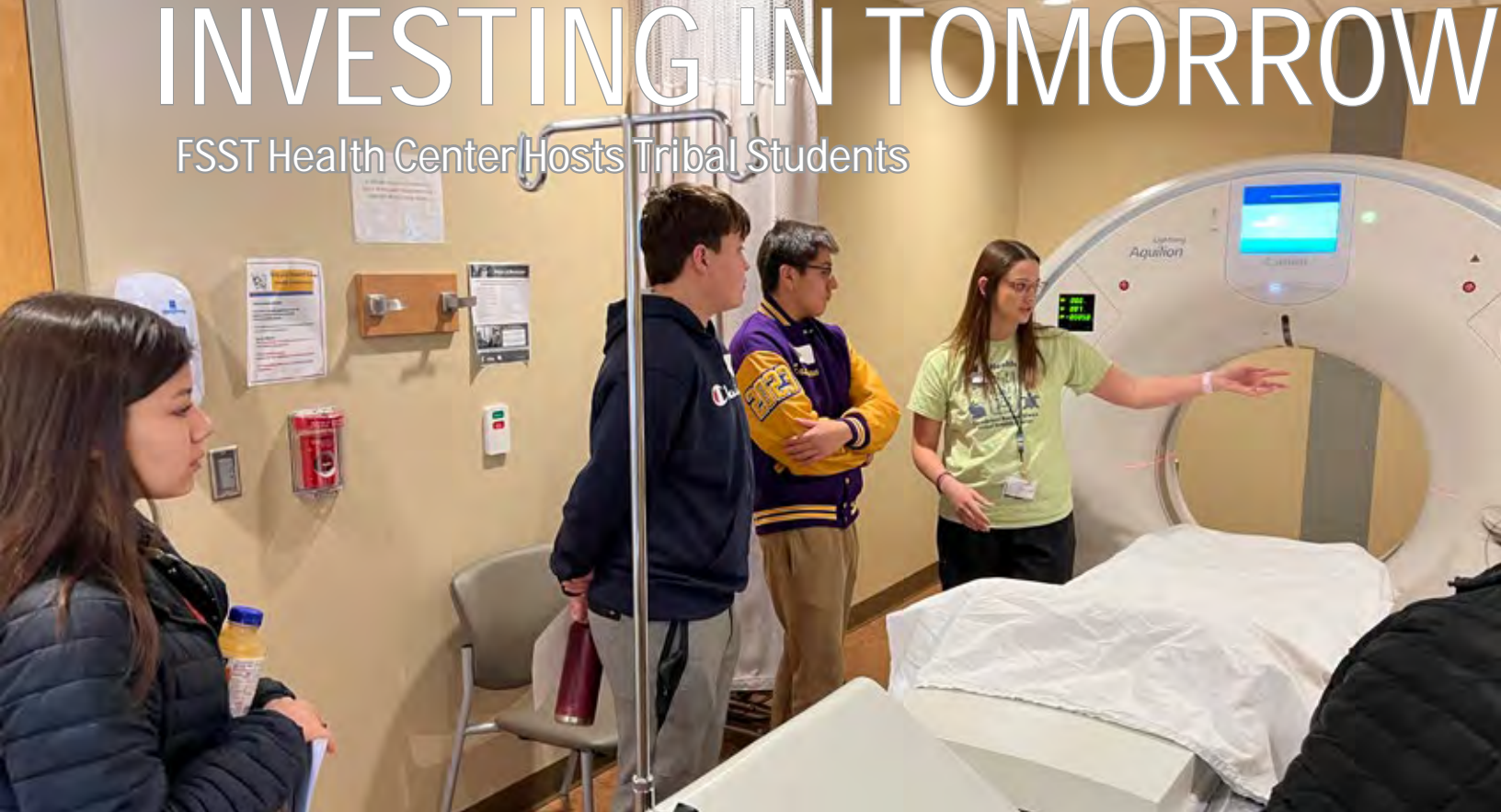
7pm

Contact Sylvia
@ 573-4195

Circle Wednesdays

INVESTING IN TOMORROW

FSST Health Center Hosts Tribal Students



The Flandreau Santee Sioux Tribe's Health Career Day did not get off to an auspicious start. The event was cancelled once due to the weather. Then it was reformatted for a 10 AM delayed start due to weather. The biggest tragedy? The breakfast pizzas bought for the event would not be eaten by the kids. Thankfully, the Clinic, Education, and Tribal staff were unwilling to let the weather stop this important event... or let the pizzas go to waste.

The Health Career Day was the first one of its kind hosted at the clinic. A collaborative effort by the Education Department and the Health Center to

share a range of health careers that do not require advanced education. The goal was to inspire students and kindle their interest to pursue career opportunities in this community as well as to provide students who seek more information with mentors and career coaches.

The Health Center, like many medical facilities, has been struggling with its recruitment. Less in the professional medical fields but more so in the non-licensed areas such as Dental Assistant, IT, the business office, medical records, HR, and so on. The Education and Clinic staff hoped to highlight to the students attending the event that a career in the

medical field does not necessarily mean practicing medicine.

Seven Native American students attended the event. All student attendees were nominated and recommended by a teacher or counselor based upon their potential and interest in a health career. Department heads met with students to share their "career journey" and to give students "hands on" experience and a look behind the scenes. The hope is that Health Career Day will become a yearly event that will inspire local youth to pursue a career in the health care field.



CHILD CARE



What is TCBC?

The Tribal Child Care Capacity Building Center (TCBC) is a service of the Office of Child Care (OCC) that provides training and technical assistance (TA) to Tribes who receive Child Care and Development Fund (CCDF) grants. TCBC supports Tribes in meeting their goals for their Tribal children, families, and communities.

What is the TCBC Technical Working Group?

The TCBC Technical Working Group is an opportunity for parents whose children participate in Tribal child care, Tribal child care providers, Tribal Child Care and Development Fund (CCDF) Administrators, and others involved in Tribal CCDF services to contribute to the work of TCBC, focusing on which TA activities will make the greatest impact on Tribal child care systems. TCBC Technical Working Group members discuss their own experiences in Tribal child care and offer their perspectives on current challenges as well as potential solutions.

TCBC TECHNICAL WORKING GROUP

Why is the Technical Working Group important?

The voices and personal experiences of TCBC Technical Working Group members are essential to enhancing Tribal child care systems. The TCBC Technical Working Group will inform TCBC TA services.



Tribal Child Care
Capacity Building Center



Are you a parent or provider who wants to share your insight on how to strengthen Tribal child care?

Consider joining the TCBC Technical Working Group!

Help TCBC set priorities to best support Tribal child care programs.

You will receive compensation for your time and expertise.

INTERESTED?

CONTACT:
TCBC
tcbc@mn-e.com
Toll-Free: 1-844-710-8222

[TCBC Homepage](#)



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Office of Child Care



Tribal Child Care Capacity Building Center



Are you a Tribal CCDF Administrator who wants to share your insight on how to strengthen Tribal child care?

Consider joining the TCBC Technical Working Group!

Help TCBC set priorities to best support Tribal child care programs.

Can you help us recruit Tribal parents and providers? Start by sharing this flyer.

INTERESTED?

CONTACT:

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[TCBC Homepage](#)



FSST EdNews

COORDINATOR'S CORNER



Dear Families,
Education is currently focused on program improvements in youth leadership,

adult education and college/career planning.

Our student reps attended the Native Youth Leadership Summit as one of the few groups from the Great Plains Region. Asa and Breyana are now busy putting what they learned into action!

IHS & Education joined forces on a Career Awareness Day. We are looking to promote this and similar events in the coming year. A College Tour is planned for later this spring.

In adult and higher education, the GED program has been a priority. At the request of participants, face-to-face work sessions have begun. Honoring will now include tech/college and GED graduates.

Stay tuned to your email and our Facebook page for updates!

*Kathie Erdman Becker, EdD
FSST Education Coordinator*

FROM THE INDIAN EDUCATION COMMITTEE

Nurturing youth leaders is essential for the continued success of the Tribe's self-determination and sovereignty. Knowing this, the FIEC is making youth leadership development a major focus.

We are grateful to the FSST Executive Committee for giving Asa and Breyana the opportunity to attend the Native Youth Leadership Summit. The experience has already paid off as the student representatives work to organize a student leadership group within the schools. The Education Committee is also exploring additional opportunities for the future.

We invite families to get involved in discussions concerning their children's education. Our monthly meetings are open to the public, and time is set aside specifically for parent/guardian input. No registration is required to speak. Just show up!

The Committee meets the third Wednesday each month at 5:30 in the Wicoicaga Otipi Community Center with Zoom available. Contact Education or watch for meeting notices on the FSST Education Facebook page.

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POINTS OF INTEREST

- Honoring Surveys Due April 7
- FSST Education Little Library Now Open
- 2023 Higher Education Funding Deadlines:
 - May Term April 17
 - Summer Term May 15
 - Fall Term July 21

EDUCATION OFFICE FREE LITTLE LIBRARY IS OPEN!

Check out the selection of new and used books and games for a range of reading levels and interests.

Read | Return | Repeat

Using the Little Library is easy! There is no check out, no library card, no due date, no late fees.

See an interesting book?

Take it.

Want to donate a book?

Leave it.

Like a book?

Keep it.

Think someone else might like a book?

Share it.



Located at the East Entrance of the WOCC, near the Education Office.

STUDENT SPOTLIGHT GARY MOOSE

- Senior at Flandreau High School
- Sisitunwan, Isanti Dakota, Ihanktonwan
- Son of Serena Pederson and brother to Steven and Faya
- Grandson of Kevin & Rose Pederson and Gary & Harriett Moose
- Great Grandson of Helena Thompson & Aloysius Zephier; Marge & Roger Parsons; Harvey & Ethan Derby; Ralph & Olive Clairmont; and Bernice Moose



Gary is the current study body president and a member of the National Honor Society. It's no surprise then that the thing he looks forward to most in school is learning something new. In addition to being active in Hope Squad, football and baseball, Gary works part-time at Maynards of Flandreau.

After graduation, Gary plans to attend SDSU to study Exercise Science because he wants to continue to be around sports. He offers some useful advice to younger students: "Live in the moment because it goes by fast."

ATTENDANCE & GRADES EARN INCENTIVES

Many thanks to the Executive Council for providing incentives to students who have perfect attendance and/or make the A/B Honor Roll each quarter. Students receive \$20 gift cards for each mark earned. That is up to \$160 a year!

Indian students in JrK–12th grade at Flandreau Public Schools are eligible for the incentive program. So far, incentives have been earned by 116 students first quarter and 113 second quarter. This represents just over 45% of the Indian children enrolled at FPS! We hope to see these numbers grow. Incentives will continue for third and fourth quarters.

Nice work, students, and those who encourage them!

STUDENTS ATTEND NYLS IN WASHINGTON, DC

Asa Eastman and Breyana Ramirez represented FSST at the Native Youth Leadership Summit February 20–23. Jackie Ross (Breyana’s mom) and Leah Fyten (FIEC Chair and Asa’s grandmother) chaperoned, creating family memories as a bonus to the primary purpose of the trip.

While the snow flew here, Asa and Breyana gathered with youth leaders, legislators and tribal officials from across Indian Country to learn how to promote youth leadership and advocate within their communities. The duo returned with a ton of energy, a wealth of ideas, professional contacts and many new friends from across Indian Country.

“Wow, it was an incredible experience. We learned a lot,” said Asa. Attendees met with Native leaders who were well-educated and spoke about the importance of education to become effective



“It’s amazing to learn about what is happening in other places and at the national level, especially how big and active some student groups are!” —Breyana Ramirez

leaders. “Having students attend the conference with leaders from all over the United States shows them what they do or can do,” noted Jackie.

Breyana commented, “It’s amazing to learn about what is happening in other places and at the national level, especially how big and active some student groups are!” A couple ideas the pair are working on are defining youth leadership in the schools and providing opportunities for other students to attend leadership events.

Everyone agrees they would love to see this continue in the future and are working to make it happen. Discussions are underway for the NCAI Youth Commission to visit Flandreau this summer. Leah noted, “Networking gives our kids the opportunity to see what other youth councils are doing for their communities and also to learn about their tribal customs and culture.”

Jackie agrees, “Something that I took away from the conference was the importance of focusing on the youth education and encouraging young Native students to speak up and continue to work on change.”

Asa, Breyana, Leah and Jackie thank the Indian Education Committee and especially the Executive Committee for this opportunity to grow personally and as a community. “I believe Asa and Breyana made lifelong friendships with youth across the country,” said Leah. “I’m proud of them,” added Jackie.



SEVEN ATTEND FIRST ANNUAL IHS CAREER AWARENESS DAY

On March 1, seven Flandreau students got to explore what goes on *outside* the exam rooms during IHS Career Awareness Day. IHS and Education teamed up for the first annual event designed to promote awareness of health care careers, particularly those that are more “behind the scenes” or require short-term training. In some cases, such as dental hygiene, on-the-job training is available.

Students rotated between six clinical departments and then learned about the business side of the clinic over lunch. While students did not interact with patients, they got a taste of each workspace. “I never knew what it was like to wear all that PPE,” commented one student.

Each director shared their journey into a health care career. Katie Mueller, Radiology Director, said, “I enjoyed getting to share the passion I have for my department and to see students get



excited about what could be their future career!” The students agreed:

- *It was amazing to see what they do and how to analyze images*
- *They really got us involved*
- *Their stories about how they got into their jobs and what they do was interesting.*
- *There are so many opportunities here I never really thought about.*

Katie added, “Right now there is a shortage in many areas of healthcare, so it was fun to see students take an interest.” The program grew from a conversation between Julie Stephens, IHS Administrative Manager, and Cindy Jacobs, IHS CEO, about how many Tribal members work at the clinic and the importance of local opportunities. “We need to remember that our youth are our future,” said Julie.

Education Department
Flandreau Santee Sioux Tribe
303 W. Broad St., PO Box 283
Flandreau, SD 57028
605-573-4197
Education.Coordinator@fssst.org

IMPORTANT DATES!

April 7 Honoring Surveys Due to Education

April 17 May Term Deadline Higher Education Funding

May 6 *Wauṣpekuwa*
Wičayuonihanpi
Celebration Honoring The Students

May 15 Summer Deadline Higher Education Funding

July 21 Fall Term Deadline Higher Education Funding



TAMMY
ZONE
NEXT
EXIT

CHELICIE LYNN
2 FINGERS AND A 12 PACK
ROYAL RIVER CASINO + HOTEL
FLANDREAU, SD

SATURDAY, APRIL 15

TICKETS STARTING AT \$30

**PURCHASE TICKETS AT ROYALRIVERCASINO.COM OR
AT THE CASINO GIFT SHOP OR CALL 1-800-838-3006.**

FOR MATURE AUDIENCES | 21+

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