

# Flandreau Santee Sioux Tribe Monthly Newsletter

SEPTEMBER 2018

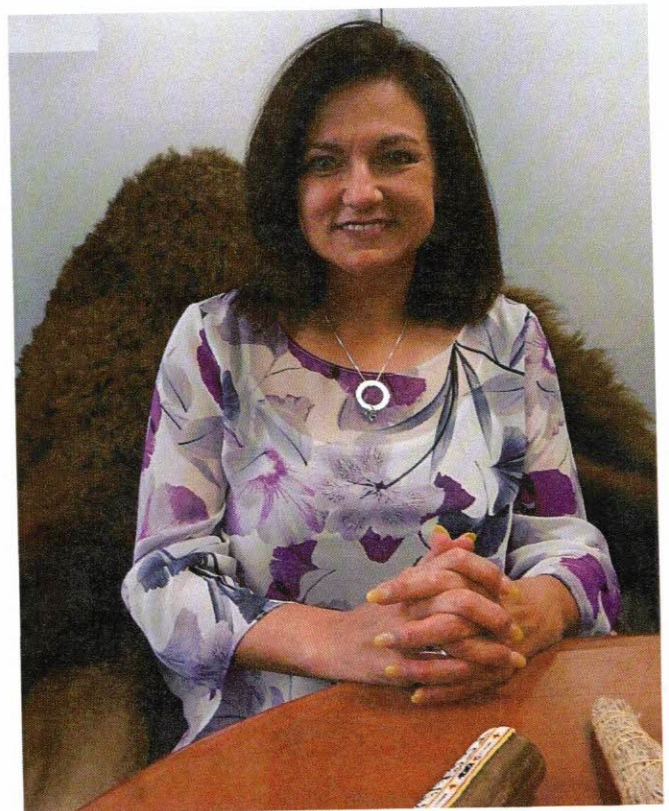
## Greetings from Our New Commissioner

From the Administration for Native Americans (ANA)

Hau Mitkauyapi (Hello My Relatives),

I was confirmed by the Senate as the Commissioner of ANA less than a month ago, and my how the weeks are flying by. I wanted to take a moment to introduce myself properly. My name is Jeannie Hovland, and I am an enrolled member of the Flandreau Santee Sioux Tribe of South Dakota.

Prior to my appointment at ANA, I served as Senior Advisor to the Assistant Secretary for Indian Affairs at the Department of the Interior and previously worked as the Tribal Affairs Advisor to Senator John Thune (R-SD) for over 12 years. My focus in every role has been to spend as much time as possible in tribal communities listening to leaders and members and working together to address the needs identified. This work allowed me to bring tribal concerns to legislators who responded through such legislation as, the Tribal Law and Order Act, Tribal Veterans Health Care Enhancement Act, Code Talker Recognition Act of 2008, the IHS Accountability Act of 2016, Restoring Accountability in the Indian Health Service Act of 2017, and the Native American Livestock Assistance Act of 2018.



I am also looking forward to starting a new chapter with ANA and doing more work worthy of our American Indian, Alaska Native, Native Hawaiian, and Pacific Islander communities. I have admired ANA's work in Indian Country for a long time, and my initial time with staff has only strengthened my admiration for their passion and determination to make a positive difference.



Flandreau Santee Sioux Tribe Newsletter is a monthly publication by the

Flandreau Santee Sioux Tribe.

Digital photos or sending other original files is encouraged.

Deadline for submission of material is

5 work days before the 15th of each month

Flandreau Santee Sioux Tribe

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**NOTICE OF DISCLAIMER:**

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*If inaccurate or otherwise inappropriate information is brought to our attention, a reasonable effort will be made to print a correction in the next month newsletter. We reserve the right to omit submissions if it is felt that the content or subject matter is inappropriate.*

**NEWSLETTER SUBMISSION**

**GUIDELINES:**

*All information submitted for newsletter must be received than 5 (five) working days before the 15 of each month. We cannot guarantee inclusion of any submissions after that date in that month's newsletter. Submissions must be made in type-written (or computer generated) format. They can be submitted directly to Marcie Walker in hard-copy, on disk or via email at: [marcie.walker@fsst.org](mailto:marcie.walker@fsst.org)*

*The FSST reserves the right to edit submission for content and clarity when appropriate. Additionally, submissions not of a time sensitive nature may be delayed for next month newsletter*

Much like the legislation I worked on in my past, ANA's funding opportunities are about letting Native tribes and organizations determine what their needs are and helping them to address these needs. We are here to support communities as they build themselves up through a variety of projects, for example:

- workforce development
- financial education
- preservation of Native languages
- establishing environmental regulations

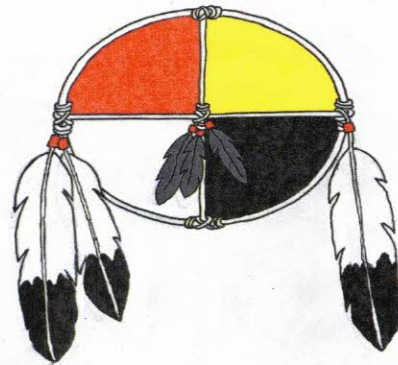
In addition to supporting this work, my goals include expanding awareness of ANA's capabilities and opportunities. I look forward to visiting our grantees either in their communities or at our annual Grantee Meeting. to ensure we're listening and addressing the issues that most concern our Native communities.

In my dual role as the Deputy Assistant Secretary for Native American Affairs, I am committed to strengthening the government-to-government relationship between the U.S. Department of Health and Human Services and federally recognized tribes. I look forward to serving as an advocate for our tribes and working together to identify and address any gaps between needs and services.

I consider it an honor to continue my work with tribes through my appointment at ANA.

Pidamayapi ksto (Thank You),

Jeannie Hovland

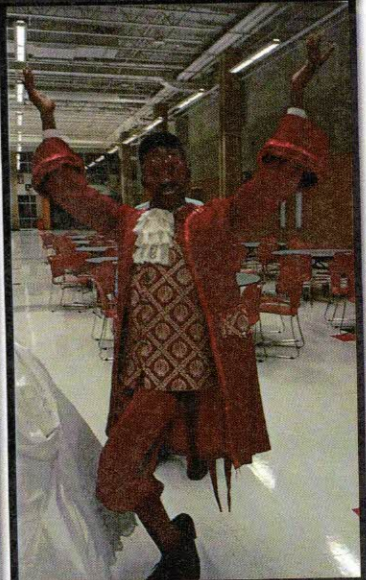
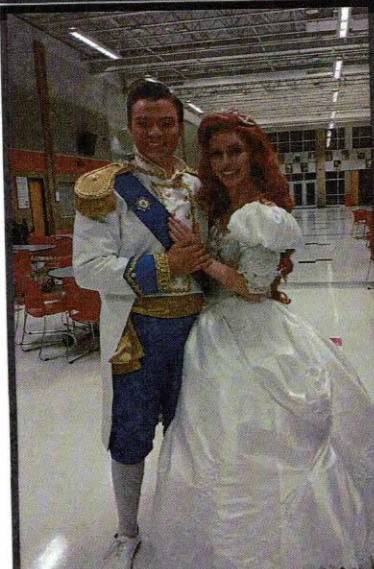
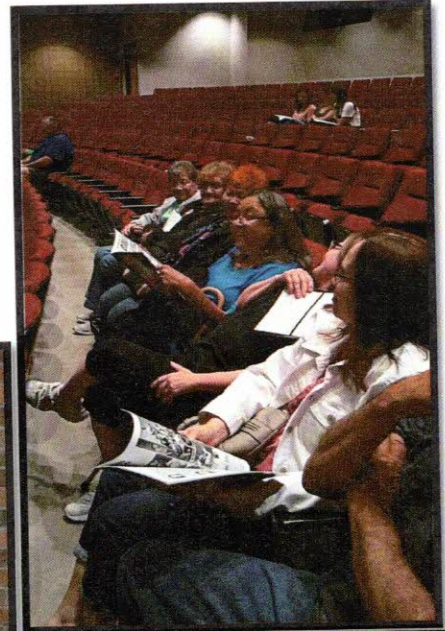




# SENIOR OUTING IN JULY

## “Little Mermaid”

Brandon Performing Arts Center







## Scott Taylor Anderson

August 29, 1983—September 03, 2018

Scott Taylor Anderson, 35, passed away Monday, September 3, 2018 at his home in Flandreau, SD. Scott was born August 29, 1983 at home in Flandreau, SD. He received his education at Flandreau Public School. Scott worked at the tribal gym, was a cashier at the Tribal Mart and then worked at Royal River Casino as a cook and in security. Scott was a member of the Flandreau Santee Sioux Tribe. He enjoyed drawing and was a passionate artist, winning art awards in high school. Scott had a passion for music, playing guitar, lifting weights, cooking and was an avid Vikings fan.

Scott is survived by his parents, Sheryl Weston; Scott (Brooki Corcoran) Anderson; two daughters, Julieanna "Bananas" Anderson and Scarlet Anderson, all of Flandreau; five siblings, Kenneth (Cynthia Johanson) Weston, Flandreau; Renae (Daniel) VanHofwegen, Minneapolis; Travis Anderson, Flandreau; Derek Anderson, Flandreau; Alyssa Anderson, LaCrosse, WI; his grandmother Betty Taylor, Flandreau; and many aunts, uncles and cousins. Scott was preceded in death by his grandparents, Elmer and Vera Weston and his beloved dog Logan.

Services will be 11:00 a.m. Friday, September, 7, 2018 at Wicoicaga Otipi Community Center, Flandreau, SD. A two day all night wake will begin 5:00 p.m. Wednesday, September 5, 2018 with a 7:00 p.m. service both nights at the community center. A spirit fire will be held at Grandpa Elmer Weston's residence.

Even though you are gone,  
you are NEVER  
*forgotten.*





**Come celebrate FSST employees' Birthdays this month!**

**Wednesday, September 5th at Noon**

# **September Birthday Cake**

<b>Mark Allen</b>	<b>3rd</b>
<b>Rosemary Crow</b>	<b>11th</b>
<b>Kiya Esquivel</b>	<b>13th</b>
<b>Richard Jones</b>	<b>14th</b>
<b>Major Redwing</b>	<b>14th</b>
<b>Laurel Ykema</b>	<b>14th</b>
<b>Tyler Fisherman</b>	<b>15th</b>
<b>Jennifer Anderson</b>	<b>16th</b>
<b>Aaron Fisherman</b>	<b>16th</b>
<b>Mariah Henderson</b>	<b>19th</b>
<b>Gayle Soward</b>	<b>20th</b>
<b>Joslyn Heer</b>	<b>24th</b>
<b>Leah Fyten</b>	<b>25th</b>
<b>Brett LaCroix</b>	<b>28th</b>
<b>Barbara LeBeau</b>	<b>28th</b>

Wish our September Birthday Employees a Happy Birthday and enjoy a slice of birthday cake with them. A birthday cake will be placed in both the Tribal Office and the Tribal Health Clinic Breakrooms at noon. FSST Management would like to wish those of you with birthdays in September a

**Happy Birthday!**



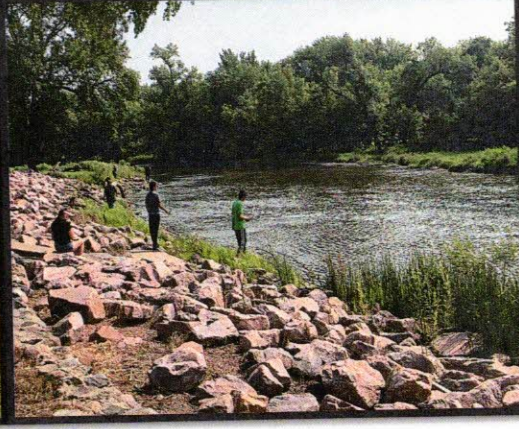
# 2018 Mike Long Memorial Fishing Derby



Ellyn Kingsley won the trophy for the most fish caught

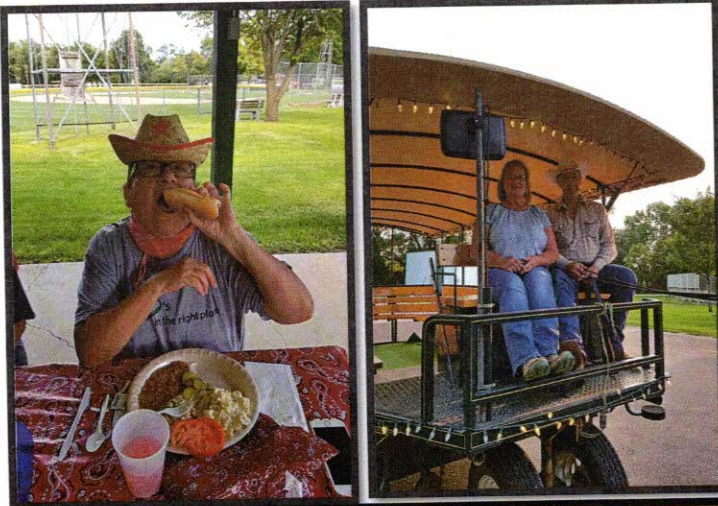
Rhianan Antonio won the trophies for first catch of the day and biggest fish caught, a 1lb 1oz Sucker!

**Way To Fish Girls!!!**

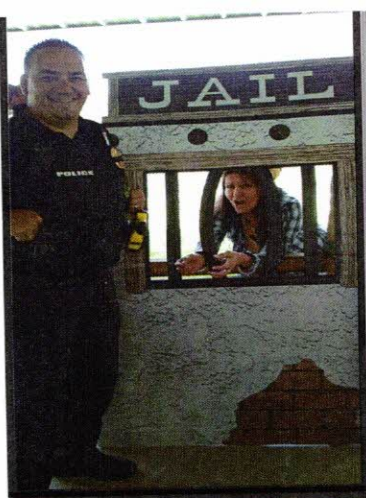




# Senior Western day Picnic









# *From the desk of .....Elisabetta Giomo-James*

*Title VI Coordinator/Native American Education  
Flandreau Public Schools*

Han –

I hope your summer was a great time for fun, relaxation, and togetherness with family & friends! I also hope that the school year has started off well for you and your families. For those of you who may not know who I am, my name is Elisabetta Giomo-James. I am the Flandreau Public School's Title VI Coordinator. I plan on contributing to the tribal newsletter as much as possible to keep you informed on Title VI, a program that represents your Native American students at the Flandreau public schools.

This year we are focusing on **3 areas of services: cultural enrichment, dropout prevention, and student advocacy & leadership**. I continue to collaborate with the Flandreau Indian Education Parent Committee, the Flandreau Santee Sioux Tribe Executive Committee, and the FSST Education Department to ensure appropriateness of services.

## **News:**

The **parent committee is going to have elections soon**. If you are interested in becoming a parent representative, please call Amanda Taylor at the FSST Education Department (605-573-4197) or me at the schools (605-997-2705) for more information on what the job entails and when the elections will take place.

Former FSST Education Coordinator Kellyn James had submitted a proposal last spring for the **Student Advisory Council to present at the Indian Education Summit** on September 25<sup>th</sup>. The students were accepted and are currently preparing their presentation. The tribe is covering their travel and lodging costs, while the conference fees are covered as they are student presenters. Even though I am not in charge of this effort, I am grateful I am part of their efforts as they work on their project.

If you have come to the schools, you may have noticed **Tanyan yahipi/welcome & See you again/Toksta ake posters at every school door**. I was excited to work with artist Zitkada Zi Win (Leah Owen) who designed these posters. We have few more to hang in the schools. Look out for those when you come visit next time. I hope you enjoy them as much as the kids have!

I am **looking for volunteers and/or guest speakers** for the First Nations Club we started at the middle school and high school as well as for teachers to connect to, if needed, as they plan lessons around the Oceti Sakowin Essential Understandings. If interested, please reach out! I would love to hear from you and explore how you can connect to our schools.

**First Nations Club** was created as one combined group for middle and high school youth as students advocated for it last year. I strive to foster student self-determination and leadership. So far, students expressed wanting to learn more about their culture by inviting local people to share their knowledge, running a book study, and organizing culturally-meaningful events in the schools. We are also looking to take part in the Sioux Falls Native American Day Parade on October 8<sup>th</sup>.

Lastly, another big **Pidamayaye/Thank you the FSST Executive Committee** for their support in sending me and their Education Coordinator Amanda Taylor to the National Indian Education Association national conference in Hartford, CT later this October. I appreciate all the tribal council does to support the youth in our community!

I hope this information was helpful. Please, know you are very important to your students' education, and such a vital part of the school team! I am a support to you in making this happen, if you feel my help is needed in this area.

I look forward to connecting with you!

*Elisabetta Giomo-James*

Title VI Coordinator/Native American Education  
Flandreau Public Schools







## Gaming Ordinance revisions have been BIA approved

Changes are :

- 5yr waiting period is now 1yr
- 90 days off reservation is now 30 days
- Education exemption is more broad
- Treatment exemption is added
- Incarceration person has been added

### Section 19-3-2. Qualification for Per Capita Payments.

In accordance with the policy set forth in Section 19-1-1 of this Title, to fairly satisfy the needs of tribal members who contribute to the advancement and self-determination of the Tribe by residing within the Reservation community, to provide incentives to members to return to the Reservation community to further the advancement of tribal self-determination, and to enhance the Reservation community socially, economically and culturally, the Tribe adopts the policy that limits monthly disbursements of per capita payments to qualified tribal members who have physically resided for a **period of one (1) year within the Reservation community**, as those terms are defined in Section 19-1-1.1 of this Title.

### Section 19-3-6. Maintaining Residency.

Persons who have been granted a Confirmation of Residency shall maintain physical residency within the Reservation community. Failure to do so shall result in the loss of qualified tribal member status.

Qualified tribal members must notify the Executive Committee or its designee of any change of residency status, including the following:

1. Moving out of the Reservation community, whether temporary or permanent.
2. Leaving the Reservation community for an extended period of **thirty (30) days or more.**

**Higher education exemption** - In order to qualify for student exemption, the member must be enrolled as a full-time student as determined by the school's registrar. Vocational education or certificate programs are eligible for the higher education exemption if the student meets all other factors.

Students shall be required to submit adequate proof to the Per Capita Committee or its designee of their continuing eligibility to receive this exemption, and students must authorize the Per Capita Office to obtain any information needed from the school in order to verify the student's full time student status. Failure to do so may result in loss of exempt status.

Enrollment in online, general education degree courses, correspondence courses, or other types of distance learning classes do not allow a member to qualify for the student exemption. Any student who is placed on funding suspension through the tribe's higher education program for failing to maintain the minimum credit hour requirements shall lose his or her exempt status. The student shall thereafter be required to renew his or her residency in accordance with this Title to be eligible for the per capita payment.

Because degree programs have different credit and time requirements, there will be no time limitation on this exemption, so long as the student is enrolled full-time. Upon completion or termination of the student's higher education program, the member shall resume physical residence within the Reservation community within ninety (90) days.

continue>>>>>>>



Failure to resume physical residence shall result in loss of exempt status and the member will no longer be deemed a qualified tribal member for per capita purposes.

If the student's higher education exemption expires or terminates and the student wishes to continue receiving the per capita benefits via the higher education exemption, he or she may apply to the Per Capita Committee for a continuation of their exemption. An extension may be granted at the discretion of the Per Capita Committee and is a non-appealable decision.

Students who have qualified for the higher education exemption in the spring semester, and who are enrolled in classes full time in the fall semester immediately following will be allowed to maintain their higher education exemption throughout the summer. Students must furnish proof to the Per Capita Committee that they are actually enrolled in the fall semester full time to be eligible. Students will still be required to apply for the higher education exemption for the upcoming academic year.

Student who have an internship, externship, or student-teaching requirement to obtain their degree will be allowed to continue to receive the higher education exemption during that internship, externship, or student-teaching and will not need to maintain a full-time course load.

**In-patient Treatment Exemption** - In order to qualify for an exemption for in-patient treatment, the member must have been physically residing within the Reservation community for a period of one continuous year prior to the granting of the exemption. Before leaving the Reservation Community, the member must notify the Per Capita Office in writing, include a letter regarding which treatment facility they are attending and how long treatment will last, and sign a HIPAA Release for any and all medical information provided to the Tribe. Within fourteen (14) calendar days of successful completion or other program termination, the member will be required to notify the Per Capita Committee that they are living within the Reservation community, and provide Confirmation of Residency and other paperwork as required.

### **Section 19-3-13. Incarcerated Persons.**

Any qualified member who is incarcerated in a penal institution or otherwise pursuant to a conviction under any criminal law for more than thirty (30) days shall lose qualified status. However, such member shall regain qualified status ninety (90) days after his/her release and reapplication for qualified member status, provided he/she immediately satisfies the definition of physical residence within the Reservation Community. Upon release from incarceration, the member shall complete an application and provide documentation for Confirmation of Residency. Failure to provide such documentation, or to notify the Executive Committee or its designee of any change in sentencing which effects residency status within fourteen (14) days of release, will result in denial of confirmation of residency. Incarceration shall include living in a half-way house, court-ordered treatment, house arrest, or any other type of living situation in which the individual is not free to leave on their own will at any time.

- You must apply with per capita office to start your one (1) year. Date stamped by Member service clerk is start date of one (1) yr. **NO back dating** . It would be to your advantage to submit semi annual Confirmation of residency when qualified members do (May 1 & Nov 1)







**Big Sioux 3-on-3 Winners:**

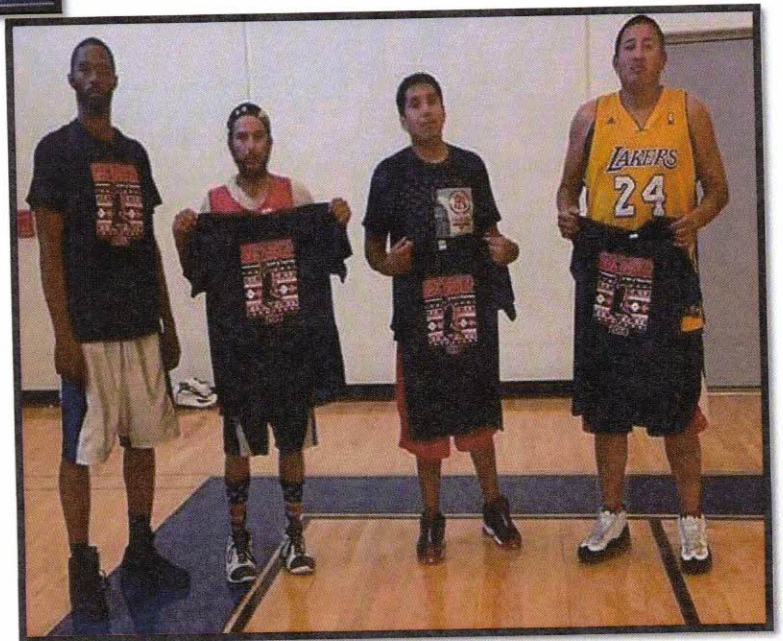
1<sup>st</sup>: Cansayapi

2<sup>nd</sup>: Emerson Park

3<sup>rd</sup>: Bus Drivers

MVP: Sam Penelton (Cansayapi) from Lower Sioux Community

3-Point Contest Winner: Phil Birdhouse







**FSST Management Services, LLC D/B/A 605 Lending**

**Customer Service Representative**

**Full-Time Employment – Openings Ongoing**

**Job Summary:**

The Customer Service Representative is responsible for providing outstanding customer service for all FSSTMS Customers. This position fields incoming phone calls, emails and/or live chats from customers to address a variety of needs and follows up on voicemails and emails sent by customers as well as placing outbound calls to customers.

**Education and Experience:**

High School Diploma or equivalent required.

Minimum of 1 year experience working in customer service in a call center environment.

Must have excellent and professional verbal communication skills; required to speak with proper grammar, excellent enunciation, and a friendly tone of voice.

Must have effective and professional written communication skills.

Operates with a Customer Service mind set; identifies customer needs, adjusts approach based on customer needs, has a helpful and courteous attitude.

Handles all customer calls with a positive attitude; demonstrates initiative and creativity in identifying customer and business needs.

Able to work in a fast paced and changing work environment.

Ability to manage multiple tasks, effectively manages time, and prioritizes work responsibilities appropriately while maintaining attention to detail.

Ability to calculate basic math (addition, subtraction, multiplication, division) without use of calculator.

Proficient in typing and 10-key.

Proficient in Microsoft Office Applications (Word, Outlook, Excel) and Internet Explorer.

Must submit to background check and pre-employment drug and alcohol screening.

Applications are available at the FSST Tribal Office or apply online at [www.santeesioux.com](http://www.santeesioux.com)

May attach resume to Tribal Application.

Preference in filing vacancies is given to **qualified** Indian candidates in accordance with Indian Preference Act of 1934 (Title 25, USC, Section 472). Verification must be submitted with the application if claiming Indian Preference. Consideration will be given to non-Indian applicants in the absence of qualified Indian Preference eligible.

Direct questions to Tribal Human Resources Department 605-997-3891 or email [Deb.Wakeman@fsst.org](mailto:Deb.Wakeman@fsst.org).







## 1 Fulltime Assistant HVAC Technician

Open: August 27, 2018    Closes: September 7, 2018

### POSITION SUMMARY:

Residential heating, ventilation and air conditioning (HVAC) technicians install and troubleshoot home building systems that are used to control internal temperature and air circulation. Incumbent will operate, maintain and repair all equipment used for heating, ventilation and air conditioning of the Flandreau Santee Sioux campus including tribal residential homes.

### EDUCATION AND/OR EXPERIENCE:

Graduate of a Community College or Vocational school HVAC program with Licensure or Certification required.

Maintain Valid Driver's License.

Ability to effectively use a variety of hand and power tools and/or operate lifts as needed.

Maintain and attend various Safety trainings and/or standards when directed.

Must be able to read and understand operating instructions, directions and other labels when working with chemicals, tools or other potentially harmful equipment.

Must submit to a P.L. 101-630 background check and pre-employment drug and alcohol screening.

Applications are available at the FSST Tribal Office or apply online at [www.santeesioux.com](http://www.santeesioux.com)

May attach resume to Tribal Application.

Preference in filing vacancies is given to **qualified** Indian candidates in accordance with Indian Preference Act of 1934 (Title 25, USC, Section 472). Verification must be submitted with the application if claiming Indian Preference. Consideration will be given to non-

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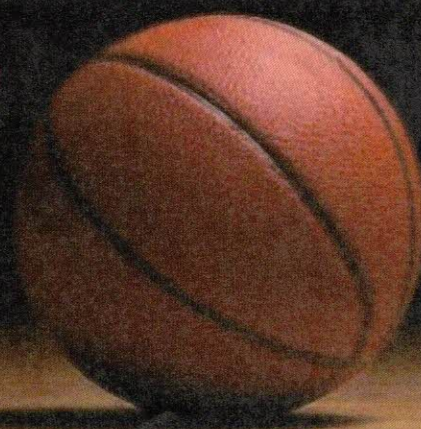


# OPEN GYM

*Sundays*

SEPTEMBER TO NOVEMBER 2018

**7-10PM: AGES 13+**



*Must have Rec. Membership*

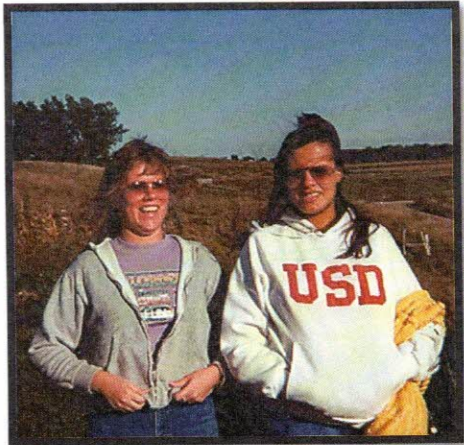
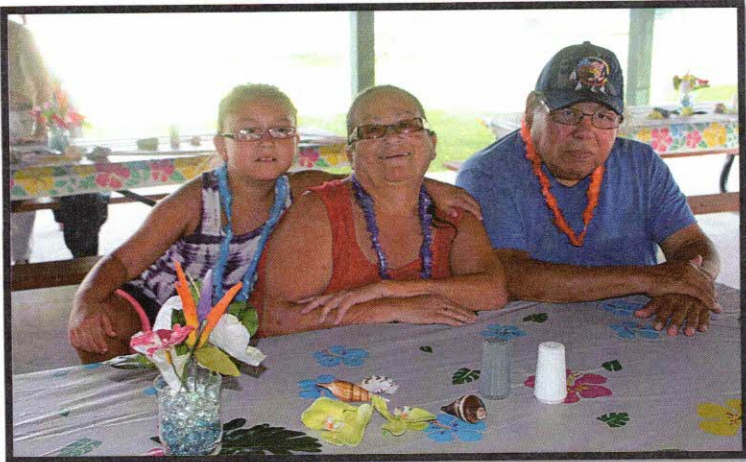


# 1st Day of Preschool for these little GEMS



Angie Eastman's daughter Dowan & Marcie Walker's daughter Allison

## MEMORY LANE.....





# C O R N C O P I A

## Word List

- APPLE
- BEANS
- BEETS
- BROCCOLI
- CABBAGE
- CARROTS
- CAULIFLOWER
- CELERY
- CORN
- EGGPLANT
- FIGS
- GRAPES
- ONIONS
- PARSNIPS
- PEARS
- PEPPERS
- POTATO
- PUMPKIN
- SQUASH
- TURNIP

T W O U C E L E R Y A R X Z B  
W O P T F H C A P P L E J I M  
D L R T V C O R N G B Q H W I  
S T M E D D P A R S N I P S Z  
T U F V Y A M S P B E E T S A  
B R O C C O L I P U M P K I N  
O N I O N S N S N S H M K N P  
C I C A U L I F L O W E R C E  
A P L D F E G G P L A N T A P  
R H F I G S E P K L V Z Q B P  
R U U O Z U Z O O N Y P B B E  
O G R A P E S T T Z V J E A R  
T K N U V A V A Q H C L A G S  
S P E A R S N T Q I I L N E M  
A S Q U A S H O Q Q V R S Y G

## Harvest Fruit & Vegetables Word Search

START OVER





# Lumber, hardware business to close

Brenda  
Wade Schmidt  
Enterprise

When J&K Building Center closes in about six weeks, there's one thing that owner Jim Amdahl knows he will miss.

"The people," he says. "That's everything, the people ... that is by far the best."

Amdahl has seen generations of customers in his store for the 36 years he has managed and owned it. At 68, with a back that is worn out and needs surgery, he and his wife, Kim, 59, are liquidating the inventory in preparation to close.

Amdahl, a Preston, Minn., native, moved to Flandreau in 1982 and worked at the business when it was owned by Great Plains. He bought them out here in 1986.

"I've been on this corner for going on 37 years," he says.

During that time, he's seen community changes, both in the decline in the number of businesses and the building of new homes and projects with materials that came from his store.

The couple plans to stay in Flandreau and he says that if surgery goes well, he will look at doing something else. "I'm not really ready to quit working. It's just that I can't do this business. I can't keep doing this."

J&K's going-out-of-business sale started a week ago with discounts on merchandise. It will continue with additional sales as inventory is reduced for the next several weeks.

"It should be pretty much all done and cleaned up," he says.

The store sells lumber, hardware, tools, housewares, paint, some toys and other items. It's closing leaves the community with a void.

"It's definitely going to hurt the town," says builder Shannon Pulscher with Pulscher Brothers Inc. "We do a lot of business through there. For us, we've got to find a different place to get our materials. It might mean we will have to go and travel."

There have been perks having J&K in town, and it has saved money and time compared with driving to another community, he says. "It was the convenience. The service was good. They delivered to our jobs."

If he ran out of something on a construction site, all he had to do was call and J&K would deliver, he says. If a tool needed work, he would drop it off and they would send it to get fixed.

"Our whole house packages come through them," he says. "You could call, and they would deliver some two-by-fours. I didn't have to send my guys down, or I didn't have to go get it."

He hopes Flandreau can figure something out to replace that kind of business in town or that someone comes forward to buy the building and reopen a store. "You want your town to be thriving," he says.

Amdahl would like the same. It's been a good business that has helped him raise a family, including sons Cody and Chase from Flandreau and daughter, Kirstin of Preston, Minn. Together, they have given the Amdahls six grandchildren.

In the meantime, Amdahl has a message for customers. "I'd just like to thank them for all their patronage for the last 36 years."





# Indian, Native or Indigenous. Which one would you

By Native Sun News Today Editorial Board

## What next: Indigenous Fry Bread?



The [Central States Fair](#) decided to go politically correct this year.

They are going to have a day for Native Americans and guess what they decided to call it? "Indigenous People's Day: That's right; [Indigenous People's Day](#)."

What next: Indigenous fry bread?

Several years ago when the board of what is now the Native American Journalists Association was having its formative meeting on the Choctaw Nation in Oklahoma one of the things on the agenda was selecting a name for the newly formed organization. Several names were kicked around including Indigenous Journalists Association.

One of the board members, a Paiute Indian from Nevada, said, "The day we start calling Indian fry bread indigenous fry bread; then I will know that we went too far with political correctness." He added, "And I won't be buying any Indigenous Tacos."

Some of us got a good laugh out of the menu at the Laughing Water Restaurant at Crazy Horse Memorial a few months ago. On the menu they listed Native American Fry Bread. Wow! We guess that some politically correct visitor or employee got to them.

The great Lakota warrior Sitting Bull said, "I was born an Indian and I will die an Indian." Notice he didn't say indigenous. Someone said that Sitting Bull couldn't have said that because he did not speak English, but they forget that he rode in Buffalo Bill's Wild West Show all over America and Europe and he did know English. And by the way; we don't say "Cowboys and Indigenous" or "Cowboys and Natives" do we? At least not yet? No, it is "Cowboys and Indians." That's what we played as kids. Surely Sitting Bull wasn't wrong for knowing who he was.

Perhaps the younger generation is comfortable with the words indigenous or Native, but we have never heard an elder say when asked who he or she is say, "I am Native" or "I am indigenous." They always say I am Lakota or I am an Indian.

When the leaders of the American Indian Movement met to decide on a name for the group they chose American Indian, not Native American or Indigenous. Russell Means thought it was the best description because everyone born in America is a Native American and the word Native can mean anything, like Native of South Dakota, Native taxidermist, etc.

Many years ago the not-so-politically-correct name Sioux struck holy terror into the hearts of the cavalry and settlers. A name that was a misnomer was made into a name to be respected and feared. The Lakota, Dakota and Nakota people lifted the name up.

Thom Little Moon did a cartoon several years ago that depicted a group of settlers sitting around a campfire and someone shouted, "The Oglala are coming," and the settlers just yawned. Someone else shouted, "The Sioux are coming," and the settlers immediately lit up with fear and scattered. That is what the Sioux people did to bring pride to a name that was first intended to demean them.

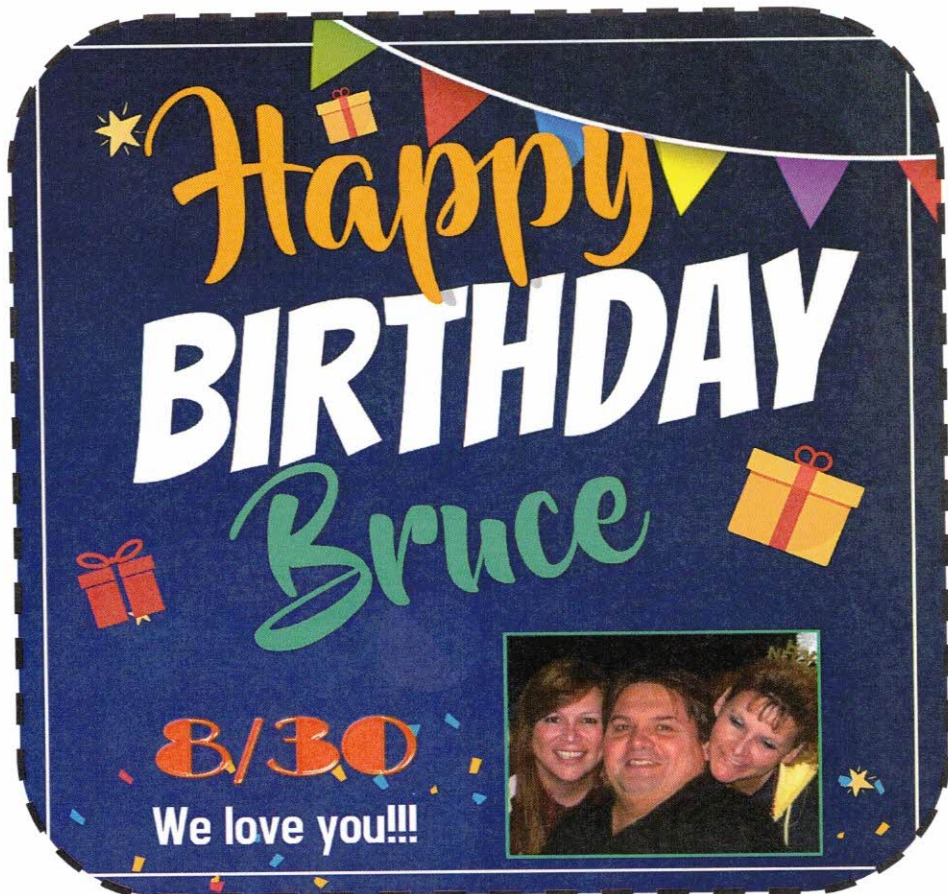
We will be having a Native American Day Parade in Rapid City and Sioux Falls in October. It will not be the Indigenous Day Parade, but Native American Day Parade. The word Native was picked by a bunch of white newspaper editors trying to find a way to describe Indians that Indians would not find offensive.

Keep that in mind whenever you call yourself Native. The name was chosen by the wasicus.



## Fun or not so fun Facts....

- As of Sept 13 there are 102 days until Christmas
- As of Sept 13 there are 69 days until Thanksgiving
- Sunday November 4 is when you set your clocks back
- Banana's are curved because they grow toward the sun
- During your life time you will have produced enough saliva to fill 2 swimming pools
- Polar bears could eat as many as 86 penguins in a single setting
- Billy goats urinate on their own heads to smell attractive to the female goats
- In 2017 more people were killed from injuries caused by taking a selfie then by shark attacks
- The following can be read forward and backward Do geese see God?
- The average male gets bored on a shopping trip after 26 minutes







Wanda Cadotte 9/4

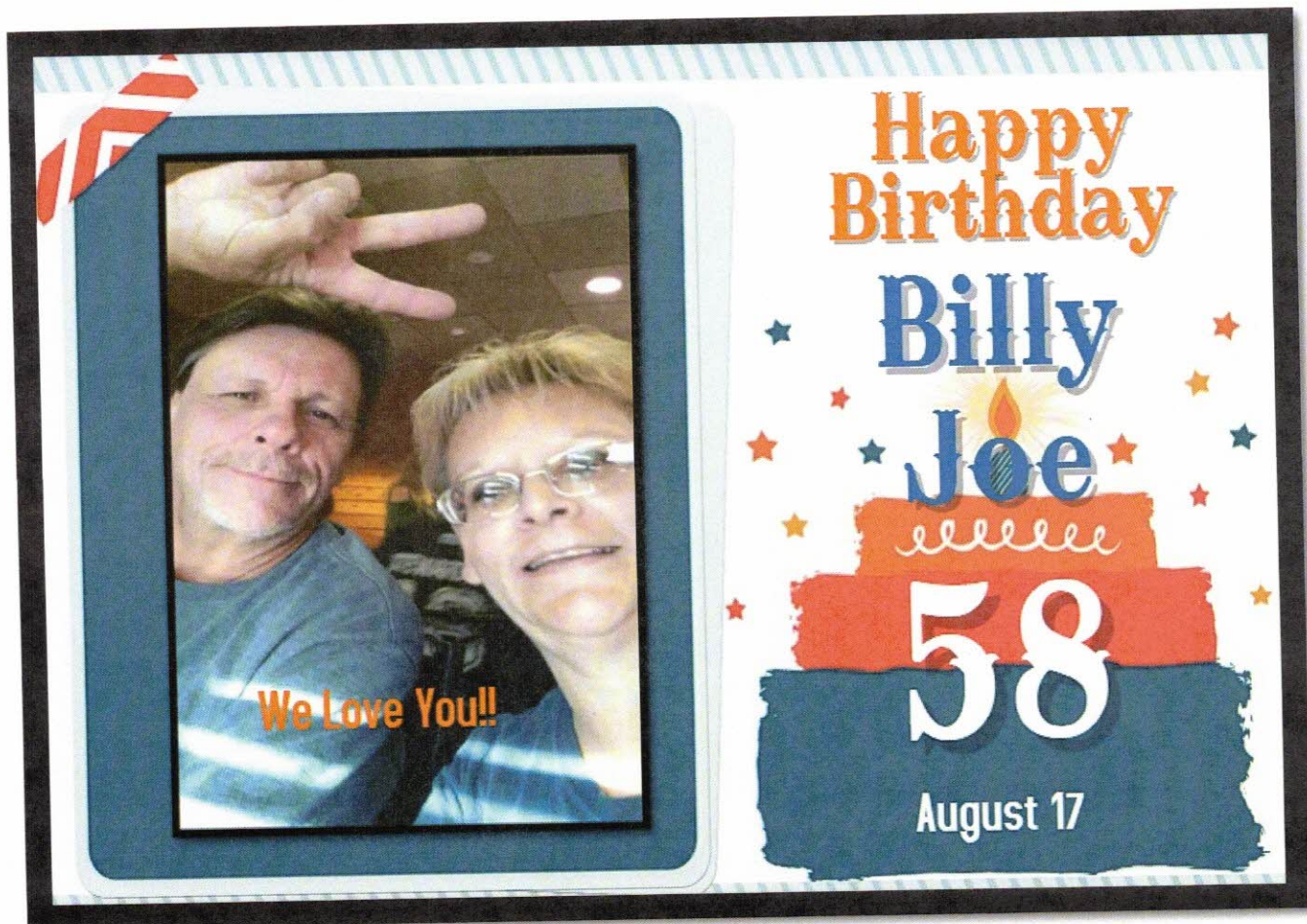
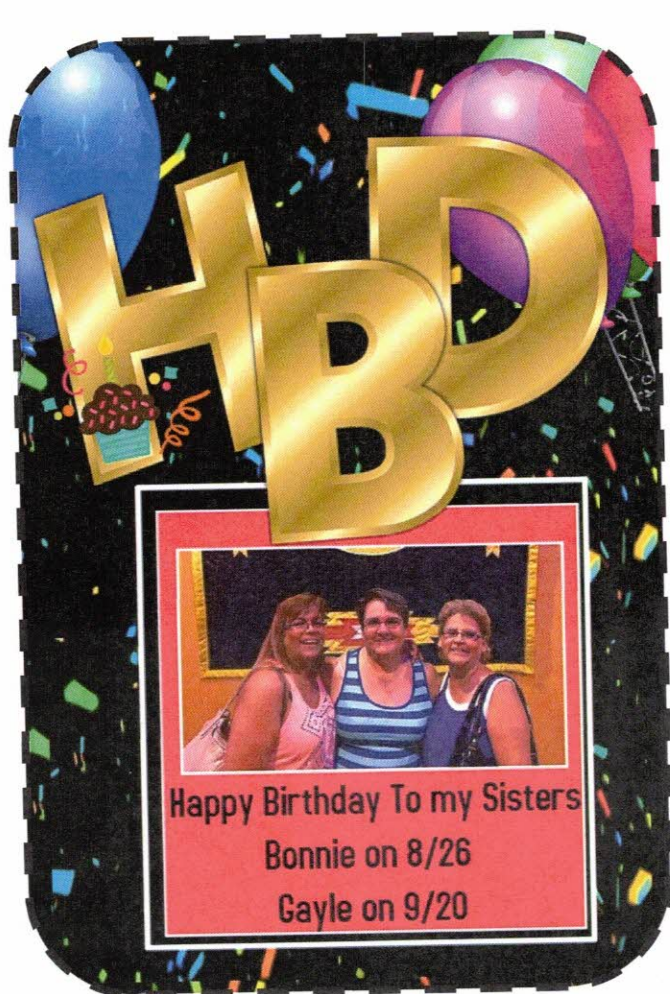
Ben Cadotte 9/6

Myrna Lewis 9/15

Carol Robertson 9/18

Gayle Soward 9/20

Harold Rederth 9/28









# Could you be at risk? Take the Prediabetes test!

**Prediabetes** is when your blood sugar level is higher than normal but not high enough yet to get diagnosed as type 2 diabetes. This condition puts you at risk for developing type 2 diabetes.

WRITE YOUR SCORE IN THE BOX.

1. How old are you? ..... 
  - Less than 40 years (0 points)
  - 40-49 years (1 point)
  - 50-59 years (2 points)
  - 60 years or older (3 points)
2. Are you a man or a woman? ..... 
  - Man (1 point)      Woman (0 points)
3. If you are a woman, have you ever been diagnosed with gestational diabetes? ..... 
  - Yes (1 point)      No (0 points)
4. Do you have a mother, father, sister or brother with diabetes? ..... 
  - Yes (1 point)      No (0 points)
5. Have you ever been diagnosed with high blood pressure? ..... 
  - Yes (1 point)      No (0 points)
6. Are you physically active? ..... 
  - Yes (0 points)      No (1 point)
7. What is your weight category? ..... 
  - See chart at right.

4' 10"	119-142	143-190	191+
4' 11"	124-147	148-197	198+
5' 0"	128-152	153-203	204+
5' 1"	132-157	158-210	211+
5' 2"	136-163	164-217	218+
5' 3"	141-168	169-224	225+
5' 4"	145-173	174-231	232+
5' 5"	150-179	180-239	240+
5' 6"	155-185	186-246	247+
5' 7"	159-190	191-254	255+
5' 8"	164-196	197-261	262+
5' 9"	169-202	203-269	270+
5' 10"	174-208	209-277	278+
5' 11"	179-214	215-285	286+
6' 0"	184-220	221-293	294+
6' 1"	189-226	227-301	302+
6' 2"	194-232	233-310	311+
6' 3"	200-239	240-318	319+
6' 4"	205-245	246-327	328+
	1 point	2 points	3 points
	If you weigh less than the amount in the left column: 0 points		

## If you scored 5 or higher:

You are at increased risk for having type 2 diabetes. However, only your doctor can tell for sure if you have type 2 diabetes or prediabetes. If you think you are at risk for prediabetes make an appointment with your doctor.

For more information on prediabetes screening, please visit your local Diabetes Prevention Program.



Great Plains Tribal Chairmen's Health Board

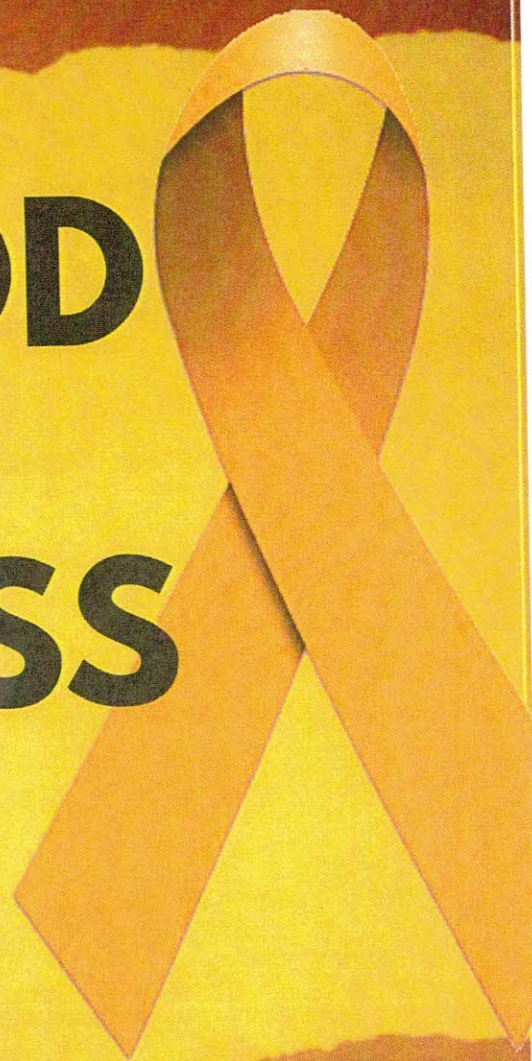
2611 Elderberry | Rapid City, SD 57703 | (p) 605.721.1922 | (F) 605.721.1932 | [www.gptchb.org](http://www.gptchb.org)





Liberty's Troops and Hovakah's Heroes

# CHILDHOOD CANCER AWARENESS MONTH



Make the pledge today!  
Go Gold in September for Childhood  
Cancer Awareness Month!  
Pledge \$1 per day to Go Gold and  
wear your ribbon  
All proceeds benefit The Children's  
Miracle Network

Contact Jessica to purchase your ribbon

EMAIL: [jessica.hovland@hotmail.com](mailto:jessica.hovland@hotmail.com) PHONE: (605) 864-0242



# ROYAL RIVER HOTEL & CASINO SEPTEMBER PROMOTIONS



Royal River Casino & Hotel reserves all rights to cancel or modify this program at anytime. See Players Club for promotional rules and details. Must be 21.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>  1.877.912.LUCK                      ROYALRIVERCASINO.COM                      607 S VETERANS ST                      FLANDREAU, SD                 </p>	<p> <b>HIGHWAY</b>                      with truckloads of cash                      FRIDAY &amp; SATURDAY                      5PM - 10PM                      EARN 10 POINTS OR HIGHER FOR YOUR CHANCE TO BE                      SELECTED VIA KIOSK DRAWINGS TO PLAY THE HIT THE HIGHWAY                      WITH TRUCKLOADS OF CASH BOARD GAME.                 </p>					<p>                     1                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      SATURDAY NIGHT BUFFET                      ONLY 14.99!                 </p>
<p>                     2                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                 </p>	<p>                     3                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                      LABOR DAY BUFFET   5-10PM                 </p>	<p>                     4                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                      STEAK NIGHT 5:10PM   \$7.77                 </p>	<p>                     5                      8AM - 8PM  <b>WHAT YA GOT COOKIN'</b>                      COOKING AND GET                 </p>	<p>                     6                      Catch A Dream   8AM - 12AM  <b>50+</b>                      TRUCKLOADS OF CASH                 </p>	<p>                     7                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      SEAFOOD BUFFET   5-10PM                 </p>	<p>                     8                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      SATURDAY NIGHT BUFFET                      ONLY 14.99!                 </p>
<p>                     9                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                 </p>	<p>                     10                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                 </p>	<p>                     11                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                      STEAK NIGHT 5:10PM   \$7.77                 </p>	<p>                     12                      8AM - 8PM  <b>WHAT YA GOT COOKIN'</b>                      COOKING AND GET                 </p>	<p>                     13                      Catch A Dream   8AM - 12AM  <b>50+</b>                      TRUCKLOADS OF CASH                 </p>	<p>                     14                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      SEAFOOD BUFFET   5-10PM                 </p>	<p>                     15                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      SATURDAY NIGHT BUFFET                      ONLY 14.99!                 </p>
<p>                     16                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                 </p>	<p>                     17                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                 </p>	<p>                     18                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                      STEAK NIGHT 5:10PM   \$7.77                 </p>	<p>                     19                      8AM - 8PM  <b>WHAT YA GOT COOKIN'</b>                      COOKING AND GET                 </p>	<p>                     20                      Catch A Dream   8AM - 12AM  <b>50+</b>                      TRUCKLOADS OF CASH                 </p>	<p>                     21                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      SEAFOOD BUFFET   5-10PM                 </p>	<p>                     22                      DRAWING AT 10PM  <b>FALL INTO</b>                      Fortune  <b>\$10,000</b>                      CASH                      SATURDAY NIGHT BUFFET                      ONLY 14.99!                 </p>
<p>                     23                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                 </p>	<p>                     24                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                 </p>	<p>                     25                      12PM - 8PM  <b>FALL INTO</b>                      FREE PLAY                      STEAK NIGHT 5:10PM   \$7.77                 </p>	<p>                     26                      8AM - 8PM  <b>WHAT YA GOT COOKIN'</b>                      COOKING AND GET                 </p>	<p>                     27                      Catch A Dream   8AM - 12AM  <b>50+</b>                      TRUCKLOADS OF CASH                 </p>	<p>                     28                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      SEAFOOD BUFFET   5-10PM                 </p>	<p>                     29                      6PM - 11PM  <b>HIGHWAY</b>                      with truckloads of cash                      LET'S HANG ON! FRANKIE VALLI TRIBUTE                      6PM &amp; 9PM                 </p>

**HOURLY HOT SEATS | 12PM - 8PM**  
 EARN 10 POINTS WITH YOUR ROYAL REWARDS CARD TO QUALIFY.

**12PM - 7PM**  
**EIGHT \$100**  
 FREE PLAY

**8PM**  
**ONE \$500**  
 FREE PLAY

**FALL INTO**  
**FREE PLAY**  
 MONDAYS & TUESDAYS

**Catch A Dream**  
 Dream Your Way To Free Play  
 Thursdays | 8AM - 12AM  
 Win up to \$500 free slot play  
*Everyone is a winner!*





# Flandreau Santee Sioux Executive Committee News

SEPTEMBER 2018

## Housing

We have a lot going on with Housing and it is exciting. We are currently in the phase of developing the material to apply for a Section 184 Loan and planning the development. This loan will fund the development of 20 single unit homes for our community. We are additionally looking at additional block grants to help subsidize building costs.

An important part of this planning process is developing the process for applying for renting/mortgaging the homes. Additionally, we want this community to be safe and clean for you, which means developing a community plan which sets up rules and regulations to make this community a place of wellness for all community members.

## Addiction/Recovery - Permanent Supportive Housing

We are currently in the works of scheduling a meeting which will focus on developing a plan for the timeline, funding goals, and overall development of a Supportive Care Facility. Stakeholders in our community such as Housing, Behavioral Health, Probation Services, the Health Clinic and other Departments, programs and centers that are impacted by substance abuse in our community.

Our belief is that by bringing in all the stakeholders we will be able to create a plan which is supported by the community as whole.

## Retail

We are a month away from getting an upgrade at both First American Mart and Prairie Junction! First American Mart will be re-imaged to the Sinclair brand so "Dino" the dinosaur will be saying "Hi" soon! They will also be getting new pumps and POS systems in October to help increase traffic and offer better service to our community. Prairie Junction will also add the capability to process trucker cards at the pump. Currently, that process is manual and is time intensive, so this will help us provide better service to our trucking customers.

## First American Mart - Grocery Store Deli

After a review of the proposal we mentioned last month, we have decided to partner with the firm that designed the floor plans for the Get N Go locations as well as the new Coffee Cup Travel Center locations. The firm will help us design the floor plan and equipment layout for the Mart expansion. It is important for us to ensure that we get the floorplan laid out in a way that is not only new and exciting but also functional.

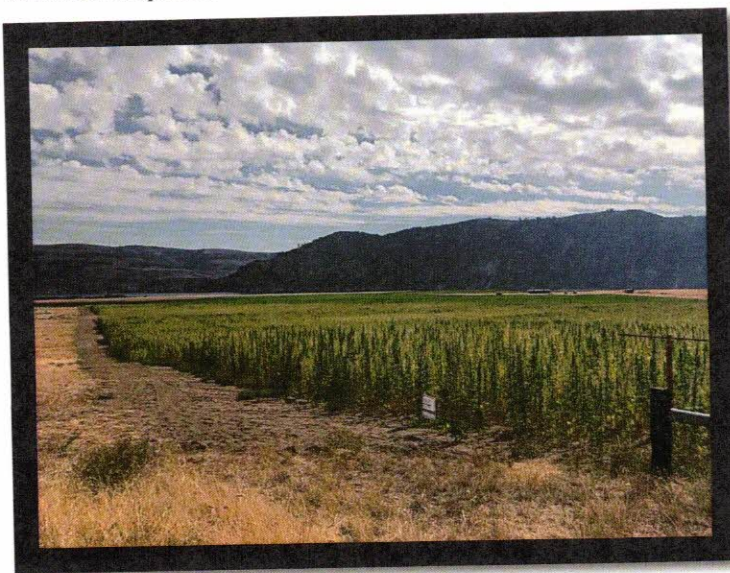
We are excited to partner with this firm because they are a hands-on firm that will keep us involved throughout the entire process. During the development of the layout and planning of new department areas in the mart we will keep the community updated and involved in the process.



## Due Diligence

This month we had a small work session as an Executive Committee to determine the final aspects of what we recognized as important parts of the process for Due Diligence in the advancement of Economic Development in our community. We discussed what we believed as the most important factor to consider when we evaluate an investment opportunity. We talked about factors to consider prior to making an investment, such as risk, cash flow, cultural considerations, and/or its fit with our other investments.

This brings us one step closer to completing the development of the process and we are excited to share the process with you once it is completed.



## Hemp

As we move forward with hemp we are developing partnerships with other Tribal Nations who are also diversifying their economies by pursuing hemp cultivation. As we shared in our Letter from the EC earlier this month, we were able to visit one tribe and see their Hemp Farm first hand. Below are some photos of the plants growing. Seeing the success of cultivation, and 100 acres of hemp, was exciting for us, and we can't wait to see a few of our acres growing hemp as well!





# September 2018 Menu

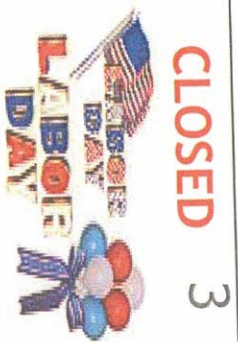
Monday

Tuesday

Wednesday

Thursday

Friday



**CLOSED**

3

French Toast  
Scrambled Eggs  
Sausage/Bacon  
Fruit

4

Chicken Bacon  
Alfredo Roll Ups  
Cracker Barrel Limas  
Mandarin Orange Salad  
Cookies

5

Hot Beef Sandwich  
Mashed Potato/gravy  
Broccoli  
Relish Platter  
Candied Applesauce

6

Potato Soup  
Meat & Cheese Platter  
Carrot & Celery Stix  
Apricots

7

Beef Fajita  
Spanish Rice  
Watergate Salad  
Ice Cream Kup

10

Goulash  
Straight A Salad  
Buttered Carrots  
Fruited Jello

11

**BIRTHDAY PARTY!**  
Chop Suey over Rice  
Egg Rolls  
Nutty Fruit Salad  
Cake

12

Hot Turkey Sand.  
Mashed Potato/gravy  
Cranberry Sauce  
Flavorful Green Beans  
Pumpkin Dessert

13

Beef Stew  
Biscuits  
Cucumber/Tomato Salad  
Fruit of Forest Pie

14

Hamburger Gravy  
Over Noodles  
Buttered Corn  
Cottage Cheese Salad  
Pears

17

Salmon Patties  
Cream Peas  
Mashed Potato's  
Carrot Cake

18

Spaghetti & Meatballs  
Onion Cheese Bread  
Ceasar Salad  
Rhubarb Custard Cake

19

Crack Chicken  
Noodle Soup  
BLT Sandwich  
Coleslaw  
Dessert

20

**CLOSED**  
**CLEANING DAY**

21

Polish Sausage &  
Sauer Kraut  
Parslied Potato's  
Mixed Veggies  
Pudding

24

Breaded Ranch  
Chicken  
Rice Pilaf  
Strawberry Spinach Salad  
Cookie Salad Dessert

25

French Dip Sandwich  
Potato Wedges  
Pickle Spear  
Cherry Dessert

26

Wisconsin Cheese Soup  
Tuna Salad Sandwich  
Veggie Pizza  
Apple Tart

27

Indian Taco  
Wojapi

28