

Flandreau Santee Sioux Tribe Monthly Newsletter FEBRUARY 2020

Wi'ca'ta Wi (Moon of the Raccoon) **February**– the "wica" signifies the raccoon, the one of the first animals to come out of hibernation so this month is named after the "waca".



Trancis Wakeman III will open the Hunkake Café next Monday in the former John's Place in Flandreau. He will be both owner and executive chef.



Restaurant to reflect local flavor with a little added spice

A new restaurant with a hometown chef, a few of his grandma's recipes and local flavor will open Monday in the former John's Place.

Francis Wakeman III, owner and executive chef, has turned the space into the Hunkake Café, a Dakota word that would be similar to "ancestors" in English. The café will be open 6 a.m. to 2 p.m. Monday through Friday and 10 a.m. until 2 p.m. Sundays for a brunch.

His café is a culmination of growing up cooking with his grandmother, working in marketing at the Royal River Casino, getting two degrees from a culinary school, working summers in New Orleans at celebrity restaurants, holding positions as head chef at restaurants in Sioux Falls and Madison and working in food service at South Dakota State University. All of the experiences make him ready for his own business, he said.

Flandreau Santee Sioux Tribe Newsletter is a monthly publication by the

Flandreau Santee Sioux Tribe.

Digital photos or sending other original files is encouraged.

Deadline for submission of material is

5 work days before the 15th of each month

Flandreau Santee Sioux Tribe

Attn: Marcie Walker

P.O. Box 283

Flandreau, SD 57028

or Call: 997-3891 ext. 1251

marcie.walker@fsst.org

NOTICE OF DISCLAIMER:

In preparation of this newsletter, every effort has been made to offer the most current, correct, and clearly expressed information possible. Nevertheless, inadvertent errors in information may occur. In particular but without limiting anything here, the Flandreau Santee Sioux Tribe (FSST) and its employees disclaim any responsibility for typographical errors and accuracy of the information that may be contained in the Flandreau Santee Sioux Tribe's Newsletter. The FSST also reserves the right to make changes at any time without notice.

The information in this newsletter have been compiled by the FSST Newsletter staff from a variety of sources, and are subject to change without notice. The FSST makes no warranties or representations whatsoever regarding the quality, content, completeness, or adequacy of such information and data. In any situation where the official printed publications of the FSST differ from the text contained in this newsletter, the official printed documents take precedence.

If inaccurate or otherwise inappropriate information is brought to our attention, a reasonable effort will be made to print a correction in the next month newsletter. We reserve the right to omit submissions if it is felt that the content or subject matter is inappropriate.

NEWSLETTER SUBMISSION

GUIDELINES:

All information submitted for newsletter must be received 5 (five) working days before the 15 of each month. We cannot guarantee inclusion of any submissions after that date in that month's newsletter. Submissions must be made in typewritten (or computer generated) format. They can be submitted directly to Marcie Walker in hard-copy, on disk or via email at:

marcie.walker@fsst.org

The FSST reserves the right to edit submission for content and clarity when appropriate. Additionally, submissions not of a time sensitive nature may be delayed for next month newsletter "All of that kind of comes together as the owner and the chef of a place. Years ago, I would have never thought I would have done this," he said.

Wakeman will serve breakfast and lunches, sourcing some of his food locally, including eggs from Dakota Layers and buns from the Flandreau Bakery. He also will draw on local favorites such as an Indian taco special or Annie Garcia's eggrolls and rice on occasion, and he plans for special events such as a Cajun Valentine's

dinner. During Mardi Gras, he wants to serve gumbo and king cakes. Groups will be able to rent the space for special dinners, as well.

His breakfasts will have Dakota names after his grandmother, aunts, mother and other relatives, based on their favorite breakfasts. Instead of hash browns, he will cook chunks of potatoes in with onions and bacon, the way his grandmother made them. His menu will include caramel, frosted and pecan rolls and muffins, plus puff pastries and a dressed-up chocolate cocoa cake from a recipe his aunt made.

"I think from a business standpoint, I think the environment's right. There's not a lot of places you can go for breakfast in this town," he said of his business model.

He knows to build his clientele and keep his customers, he will need to offer menu specials and change the choices once in a while.

He'll start with a variety of dishes that have roots in different cooking styles, particularly influenced by his grandmother Inez, German and French touches from local families and peppered with the Cajun style he learned in New Orleans.

A Cajun pasta dish will be featured both at breakfast and lunch. He'll also have po' boy sandwiches with a twist, the traditional roll with roast beef with a brown gravy and vegetables on top.

He'll offer the traditional menu items such as hamburgers, soups, salads and fries, too. He will feature a southern crispy chicken sandwich and offer a hand-breaded cod sandwich for his fish and chips special.

"If you're worried about calories, there are salads on the menu," he says and laughs.

Wakeman, 47 and a 1990 Flandreau graduate, went to the Omaha Institute of Culinary Arts after his father's urging in 2010. He got degrees in baking and pastries and culinary arts and management. He is a father of two, his niece Rachel Eastman and his son, Rufus, age 7.

He started planning his restaurant in mid-December and is leasing the building. He purchased the equipment from John's Place owner Audrey Gaspar, who retired and closed her restaurant the end of August.

He and his aunt and uncle have painted and cleaned the space preparing for opening day. He will feature Native American art, including the possibility of a rotating gallery wall, and plans to hold cooking classes in a back area of the restaurant.

Wakeman has a vision that he sees falling into place.

"It was just 1, 2, 3. It's been the smoothest opening I've witnessed," he said.



House panel will take up governor's version to legalize industrial hemp in South Dakota



by: Bob Mercer

Posted: Feb 6, 2020 / 05:12 AM CST / Updated: Feb 6, 2020 / 05:12 AM CST

PIERRE, S.D. (KELO) — A panel of state lawmakers will publicly discuss for the first time Thursday morning the criminal penalties and regulatory elements that Governor Kristi Noem has insisted are necessary for low-THC hemp to become legal in South Dakota.

The full text of her complete rewrite appears on the Legislature's website. The House Agriculture and Natural Resources Committee is scheduled to reopen the hearing on HB 1008 when the panel of lawmakers meets today at 7:45 a.m. CT.

The governor would set an annual license fee up to \$500 for a grower and \$2,000 for a processor. The original legislation proposed a license fee up to \$350. Noem wants the program to be self-supporting.

Last year Noem vetoed legislation that would have legalized industrial hemp if its THC content wasn't above three-tenths of one percent. She argued it would open the door to legalization of marijuana in South Dakota.

Two marijuana measures have since qualified for the November 2020 election ballot.

After her veto, the Legislature assigned a special committee that held four public meetings and drafted the legislation that was submitted for the 2020 session.

Noem initially resisted, challenging the study group last summer with more than 300 questions at one point. Then she somewhat relented, issuing her 'Four Guardrails' statement in January about what she needed if industrial hemp was to become legal.

Governor's Column - Four Guardrails: A Path Forward for Decriminalizing Industrial Hemp













Four Guardrails: A Path Forward for Decriminalizing Industrial Hemp By Governor Kristi Noem January 10, 2020

Over the last year, we've had a long conversation about industrial hemp. I've been grateful to talk with folks about the topic and hear different perspectives at townhalls, coffee shops, basketball games, and everywhere in between.

And I've been outspoken that I don't think it's a good idea.

Last year, I vetoed a bill that didn't address concerns surrounding public safety, law enforcement, or funding. I asked the legislature to wait until we had direction from the federal government and a plan to address those concerns. Now since that time, things have changed. Federal guidelines have been put in place, a South Dakota tribe has been given the green light on production, and other states' actions mean we need to address hemp transportation through our state. The legislative summer study also did great work, and they included some good ideas.

On January 9, I outlined for the legislature a path forward – four guardrails, if you will – on hemp.

First, it must include reliable enforcement guidelines. This means the moment someone starts growing hemp, they would consent to an inspection and a search. This would all be done without liability to the law enforcement agency, and the actual costs of disposal would be paid by the grower or possessor. The bill must prohibit the sale or use of hemp and hemp derivatives for smoking. And it would include an annual, statistical report by the Attorney General to the legislature and me about the impact decriminalization is having on other criminal drug prosecutions.

Next, the bill must include responsible regulation regarding licensing, reporting, and inspections. This would include a minimum land area size and an appropriate fee structure for the application, annual license, and inspection.

Third, the law must require a permit and any other needed paperwork for all safe transportation of the product. And for those who transport it without appropriate documentation, there must be appropriate legal consequences.

And last, the law must have adequate funding. I believe decriminalization will cost about \$3.5 million (adding up one-time and ongoing costs), and there must be a plan to pay for it. A plan that doesn't include raising taxes.

These are the pieces I need to see in a bill in order to consider signing it into law. Given all that we need to accomplish this session, if we can get this done in the coming weeks, it would be a good way to kick off this year's legislative session.



House panel backs compromise with Noem on allowing low-THC hemp in South Dakota

RELATED CONTENT

Hemp legislation takes step forward

PIERRE, S.D. (KELO) — Gov. Kristi Noem and state lawmakers reached agreement Thursday on a proposal to allow industrial hemp in South Dakota, if its THC level isn't above 0.3 of one percent.

The House Agriculture and Natural Resources Committee voted 11-0 to endorse a new version of HB 1008 that the governor's office wrote with input from legislators and people in the industry.

She vetoed industrial-hemp legislation last year.

The latest bill meets three of the four conditions Noem set last month, according to one of the governor's lawyers, Katie Hruska.

"To be clear, nothing in this bill will meet the fourth guardrail of adequate funding to ensure the lasting integrity of this program. The fourth guardrail needs to be addressed however during the budget process," she testified.

The others are reliable enforcement, responsible regulation and documented transportation.

The estimated costs for start-up and first-year operations are about \$3.6 million. It's unclear how many growers and processors would be licensed.

The bill currently sets maximum license fees at \$500 for growers and \$2,000 for processors and gives authority to the state Department of Agriculture to determine the actual amounts.

Among the new provisions are an annual crime report from the state attorney general's office and a criminal ban on smoking or inhaling industrial hemp in South Dakota.

The governor talked with news reporters about two hours after the committee's vote.

"I didn't put hemp funding in my budget. It was not included because, for me, it's not a priority. I've been very clear that I still don't think it's a good idea," Noem said.

Representative Oren Lesmeister, a Parade Democrat, was prime sponsor of the 2019 bill that Noem vetoed. He served on the study committee the Legislature set up after Noem's veto. The panel drafted the original version of HB 1008 for this session.

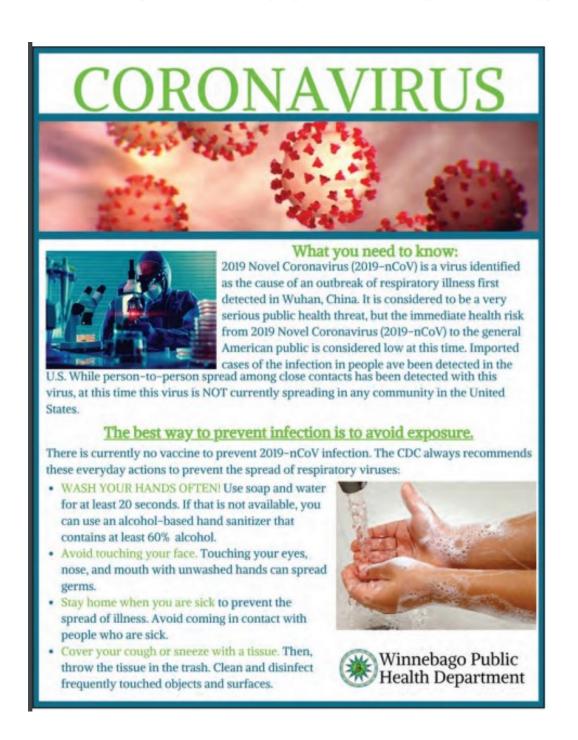
Lesmeister thanked the state departments for their cooperation the past month.

"It's been a very rewarding experience to be able to work with them the full session so far, compared to the past," he said Thursday.

He added, "Maybe not the perfect bill, by no means, I don't think there's any such thing. But from where we were a few years ago? Ten thousand miles forward."

The revised HB 1008 could be up for debate in the full House of Representatives as early as Monday afternoon.

If the legislation becomes state law, South Dakota would need approval from the U.S. Department of Agriculture. One of USDA's requirements is that a program must have adequate financial support.





HEAD STAFF

HOST DRUMS:

HAY-LUSH-KA • HU-JOP Greywolf • New Breed

INVITED DRUM:

MO-TOWN, REDLAKE, MN

MC:

SILAS CLEVELAND, WINNEBAGO, NE

ARENA DIRECTORS:

PETE SNOWBALL & GENTRY ST.CYR

HEADMAN:

DILLON BEARSKIN, WINNEBAGO, NE

HEADLADY:

SHONDEEN LONG, WINNEBAGO, NE

GOURD DANCE HEAD STAFF

GOURD DANCE AT 11:30 AM & 5:00 PM MC:

FRANK CARSON, STILLWATER, OK

HEAD SINGER:

AMOS LITTLECROW, PONCA CITY, OK

HEAD MAN:

DONNIE CHILDS, ENID, OK

HEAD LADY:

KENNETHA BUTLER, RED ROCK, OK

DANCE & SINGING CONTEST INFORMATION

1:00 PM AND 7:00 PM GRAND ENTRIES . POINTS START AT 1:00 PM

SINGING CONTEST (VISITING DRUMS ONLY) 1ST \$3,000 • 2ND \$2,000 • 3RD \$1,000

DRUM SPLIT FOR NON-PLACING DRUMS

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MEN'S TRADITIONAL - GRASS - FANCY SOUTHERN STRAIGHT

WOMEN'S TRADITIONAL - SOUTHERN TRADITIONAL

JINGLE • FANCY SHAWL • HOCHUNK APPLIQUÉ

1ST \$400 • 2ND \$300 • 3RD \$200 • 4TH \$100

TEEN CATEGORIES (13-17)

TEEN BOY'S TRADITIONAL - GRASS - FANCY TEEN GIRL'S TRADITIONAL - JINGLE FANCY SHAWL - HOCHUNK APPLIQUÉ 1ST \$200 - 2ND \$125 - 3RD \$75

JUNIOR CATEGORIES (6-12)

JUNIOR BOYS & JUNIOR GIRLS WILL RECEIVE DAY PAY TINY TOTS (0-5) WILL RECEIVE DAY PAY

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MEN'S GRASS (\$1,000 PRIZE POOL) Women's Jingle (\$1,000 PRIZE POOL)



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General Information

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*Request the rate under the code:
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Phone: (712) 274-1300

No drugs/alcohol allowed in event center + Not liable for accidents and stolen property + No pets Winnavegas reserves right to change & modify this event Additional lafe:

Additional Info:
Garan Coons, Winnebago Tribe Communications Officer
403-878-2772 • garan coons@winnebagotribe.com

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Activity:

SYLVIA ROY: 633-1716 DUSTY BEAULIEU: 864-8887

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2:00 to 3:00

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Feeding South Dakota is a statewide organization with locations in Pierre, Rapid City, and Sioux Falls. Their mission is to eliminate hunger in South Dakota. For more information or to make a donation to support food giveaways, please visit **feedingsouthdakota.org.**

Prairie Doc® Perspectives -

Taking Our Last Breath

By Richard P. Holm, MD

It's a holy place when a patient is taking their last breath. For the most part, I've tried my best to give comfort at that time. There are many who have stated, "There are worse things than death." One study in 2016, asked end-stage patients about dying and found that more than 67 percent stated that "needing a breathing machine" was a condition worse than death.

Mr. B was an 84-year-old retired farmer who had been struggling with chronic obstructive pulmonary disease (COPD). This condition is related to the loss of

ability to exhale normally, which, in turn, is due to the destruction of tiny alveoli which are oxygen and carbon dioxide exchange units. This results in large unfunctional pockets of air which block the flow of air going out.

He had smoked and had extensive exposure to toxic farm dust throughout his

life, and now he was on continuous oxygen therapy and couldn't do anything without running out of breath. He had been on pulmonary rehabilitation (exercises to stay in shape), a low carbohydrate diet, metered dose inhaler (MDI) bronchodilators and repeated antibiotics for a few years. This was the third time he was hospitalized in the last two months for "exacerbation of COPD."

He was suffering from a worsening of his lung disease with the added challenge of bacterial pneumonia. His oxygen levels were dropping, and survival was going to require a breathing machine (intubation). He had been intubated over several days during his previous hospitalization and this time, he did not want it.

His wife had died a year earlier, all siblings had passed away, but his only child, a son, lived nearby. I will never forget the conversation the three of us had that day. We talked about Mr. B's poor quality of life. His options were either to be intubated again or to go with comfort care using an opioid. Mr. B realized death was likely, as did the son. Mr. B said, "Let's try the comfort method." His anxiety and shortness of breath were reduced immediately after making that choice, and

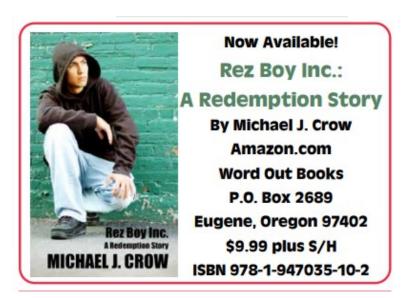
over the next two hours, as the pain medicine kicked in, Mr. B slipped away with his son at his side.

This is very serious business, and I usually encourage people who are aware of their situation to fight on, but Mr. B was very tired of fighting for breath. He was ready to let go. In his

case, "needing a breathing machine" was a condition worse than death. After his last breath, he finally found relief.

Richard P. Holm, MD is founder of The Prairie Doc* and author of "Life's Final Season, A Guide for Aging and Dying with Grace" available on Amazon. For free and easy access to the entire Prairie Doc* library, visit www.prairiedoc.org and follow Prairie Doc* on Facebook featuring On Call with the Prairie Doc* a medical Q&A show streaming on Facebook and broadcast on SDPB most Thursdays at 7 p.m. central.





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Know the signs and symptoms of lung cancer.

Signs & Symptoms: Get screened yearly if you have any of the symptoms, but especially if you: A cough that doesn't go away and gets worse over time are between the ages of 55-80 years old and Frequent lung infections such as bronchitis or pneumonia o are currently a smoker or quit smoking in the Coughing up blood or rust-colored phlegm/spit past 15 years and Pain in the chest, back or shoulders that gets worse when coughing, laughing or deep have a 30 pack-year smoking history (a pack a day for 30 years or two packs a day for 15 years) and Hoarseness have discussed quitting commercial Shortness of breath or wheezing tobacco and/or lung cancer screening with your doctor Fatigue, feeling tired or weak Swelling of the face or neck O Difficulty swallowing or pain *The full translation in Dakota of "breathing is sacred" is only a walkhair, which means the "sacred while swallowing breath of life." Other symptoms include: weight loss, loss of appetite, headaches, bone pain or fractures, blood clots, jaundice, lumps on collarbone or neck region, changes in the appearance of fingers, American Indian Cancer Foundation called finger clubbing







APPLY FOR CENSUS JOBS

Eastman Hall

Stop out and get your application for employment to the 2020 Census Bureau. A representative from the 2020 Census will be there to help and answer all questions.

Annual SDSU Walch 28, 2020

Frost Arena on SDSU Campus Grand Entry starting at 1pm

General Admission: \$6 SDSU Student: Free w/ ID Children 5-Under: Free Adults 55-Older: Free

PRIZE MONEY:

DANCERS: Top 3 choices in each category

DRUM SPLIT: First 8 régistered drums Registrations for dancers and drums end at 1pm. All prize winners must fill out a W9, please bring your 5.5. number

VENDORS-

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- YOU WILL NOT BE PLACED "ON RES" AUTOMATCALLY.
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Noem: Tribes, not the state, are hesitant to work together

Pierre, SD – KOTA – Jan. 16, 2020 – Even before the State of the Tribes Address was announced, Governor Kristi Noem was already in a tense situation with tribal leaders around the state.

Coming off a lifted banishment from Pine Ridge, she announced her Secretary of Tribal Relations Dave Flute would make the address on Thursday, January 16. That caused several tribes to announce plans to boycott the address and instead set up an unofficial Great Sioux Nation Tribal Address slated for the same day. Ultimately, plans were changed and Flute was swapped out for Crow Creek Sioux Chairman Lester Thompson.

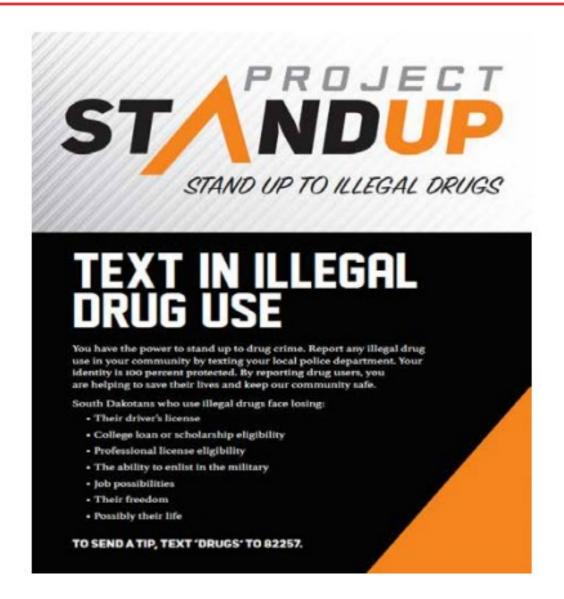
The debacle is just the latest in a string of resistance efforts against the governor's office not seen in the previous administration. However, Noem insists she has worked to make amends.

"We have been to every tribe in the state and asked, 'how can we help?'" Noem said on Tuesday.

To that end, she says they have managed to get agreements signed on things like law enforcement collaboration and drug prevention and treatment. However, there's still hesitation.

"I would say most of the hesitation is on the tribal side, not the state side," Noem said. "We have been willing to do these kinds of agreements. Many times where the concerns arise is the tribes protecting their sovereignty"

Noem says the state is willing and ready to work more closely with the tribes, but will also respect their rights as sovereign nations.





Stephanie Faye Red Buffalo

July 10, 1965 - January 14, 2020



Wake services for Stephanie are Thursday January 16, and Friday January 17. Her funeral is 11:00 am Saturday, January 18, 2020 at the YST South Housing Gym in Wagner SD. Interment is at the Red Buffalo Family Cemetery, Choteau Creek, outside of Avon, SD. Officiating is Sid Tuttle, Sr. and Jim Hallum of Santee, NE.

Stephanie Faye Red Buffalo was born July 10, 1965, to Stephen Red Buffalo Sr. and Beatrice "Joyce" Andrews at Wagner, SD. She began her spiritual journey on January 14, 2020, in Flandreau, SD.

Stephanie graduated from Marty Indian School in Marty, SD and went on to college at Dakota Wesleyan University in Mitchell, SD. She lived in various places until 1997, when she settled in Flandreau living out the remainder of her life. Stephanie was a Sundancer and Pipe Carrier who took pride in helping people any way she could, even if it was all she had. Her words of wisdom and encouragement helped many people whom she encountered throughout her lifetime. She had a vibrant and loving personality that affected those around her.

Stephanie has four children: Justin Red Buffalo of Sisseton, Jerald Red Buffalo of Sisseton, LaVonna Peterson of Flandreau, and LaTanya Red Buffalo of Flandreau. Stephanie is also survived by her siblings: Bryan Red Buffalo, Kevin Red Buffalo, Steve Red Buffalo Jr., Twila Red Buffalo, Joy Weigel, Waylon Gregor, Vanessa Red Buffalo, and Julia Red Buffalo; her children: Justin (Tasha) Red Buffalo, Jerald (Alana) Red Buffalo, LaVonna Peterson, and LaTanya Red Buffalo; her grand-children: Justin Jr., Julieonna, Jayceon, Jaykel, Jeremiah, Nano, Angel, Leanna, Curtis, Wesson, and Kai; and many cousins, nephews, nieces, and close friends whom she loved all dearly.

Stephanie is preceded in death by her grandparents Ernest and Edith Red Buffalo; her parents Steve Red Buffalo Sr. and Joyce Andrews; and her baby brother Stacey Red Buffalo 'Lowanku', whom will all greet her with open arms on the other side.



SD Attorney General neutral on Indian Child Welfare Act

Pierre, SD – AP – Jan. 13, 2020 – South Dakota's attorney general won't sign a brief in support of the Indian Child Welfare Act, unlike 27 other attorneys general across the country.

A federal lawsuit could determine the future of the law aimed at keeping Native American families together.

Several states, a biological mother, and three non-indigenous couples interested in fostering and adopting Native American children are challenging the constitutionality of the law.

Attorney General Jason Ravnsborg decided to stay neutral on the matter because of an ICWA federal case in South Dakota.

It was created in response to states removing Native American children from their families at disproportional rates and for often unfair reasons and usually placing them with non-Native families.



FEBRUARY

MICKEY PETERSON 2/1
THERESA FLUTE 2/2
JAMES ROSS 2/3
BELVA RENVILLE 2/7
BETTY TAYLOR 2/16
LAWRENCE LARSON 2/20
SHARON MARAS 2/20

Use your native language everyday, no matter how much or how little you know..

Your ancestors will hear you. 🖠



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- · Threaten to hurt you or your children?
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Get free, confidential help at 1-844-7NATIVE (762-8483) open daily from 7 a.m. to 10 p.m. CST.

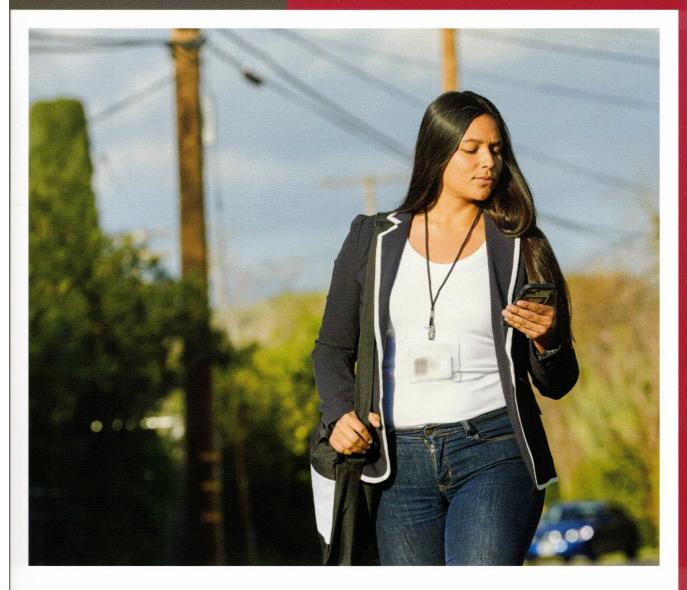
Callers after hours may connect with the National Domestic Violence Hotline by selecting 1.

Advocates offer peer support, crisis intervention, personalized safety planning, education on domestic violence and healthy relationships, and a connection to Tribal and Native resources.

Trust. Speak. Heal. Together. | strongheartshelpline.org



This project is supported by Grant Number 90EW0426 from the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services.



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AARON LEWIS

Saturday, February 8, 2020 | 08:00 PM



DREW LYNCH

Friday, March 6, 2020 | 08:00 PM



JOHNNY CASH TRIBUTE

Friday, March 27, 2020 | 08:00 PM



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February 14

11-3 pm

Tribal Office Conference Room

\$18.00 hr



job opportunities



light lunch



door prizes

FOR MORE INFORMATION:

605-997-2194

Hours: Monday: Closed
Tuesday: Closed
Wednesday 5:00 pm to 7:00 pm
Thursday: 2 pm to 7 pm
Friday: 2 pm to 7 pm
Saturday: 10 am to 7 pm
Sunday: Closed

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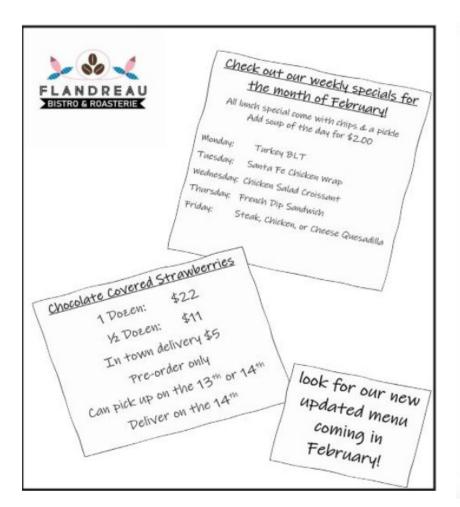
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Census 2020 & Tribal Member's Role

The 2020 Census will affect how much federal funding the Flandreau Santee Sioux Tribe will receive for your local schools, roads and hospitals. Unfortunately, in the past Census counts Native Americans, children, people of color and immigrant communities have been undercounted leading to fewer resources for our Tribe as a whole. Help fix that. Its important for all to be counted!

Benefits of Census participation:

Receive helpful resources for your community
Receive updates about advocacy opportunities
Determine what's needed for your community
and reservation





February Is National Cancer Prevention Month

During National Cancer Prevention Month, the U.S. Environmental Protection Agency (EPA) and the American Institute for Cancer Research (AICR) are working to inform Americans about how lifestyle can help reduce cancer risk and keep you healthy.

Exposure to secondhand smoke commonly occurs indoors, particularly in homes and cars. Eliminating secondhand smoke in your indoor environment can reduce the risk of harmful health effects, such as respiratory issues, heart disease and lung cancer.

Nonsmokers who are exposed to secondhand smoke increase their risk of developing lung cancer by 20 to 30 percent.



A few simple changes can help reduce your risk:

- Make your home smoke-free, smoke outside or quit smoking.
- Test your home for radon. Radon claims the lives of about 21,000 Americans each
 year; it is also the leading cause of lung cancer death among nonsmokers in the
 United States.

FEBRUARY 2020 MENU

Hot Dogs Mac. Salad Chips Dessert	CLOSED	Beef & Bean Burrito 10 Green Chile Rice Red Bean Toss Donuts	Waffles Scrambled Eggs Bacon, Sausage Fruit	Monday
Broccoli Cheese Soup 5 Egg Salad Sandwich Apple Tart	Tuna Hotdish Buttered Peas Angel Biscuits Oreo Choc. Pudding	Salmon Patties Creamed Peas Mashed Potato's Carrot Cake	Spaghetti with 4 Meat Sauce Onion cheese bread Festive toss salad Ice Cream Cup	Tuesday
Lasagna Stuffed Cheesey Bread Caesar Salad Cookies	Pork Chops Onion Gravy Stuffing Brussels Sprout Bake Nutty Apple Salad Jello	Oven Baked Chicken Potato's/gravy Glazed Carrots Cucumber Salad	Chicken Fried Steak 5 Mashed potato/gravy Royal Salad Golden Oreo Browies	Wednesday
Wisconsin Cheese 27 Soup Ham Salad Sandwich Watergate Salad Dessert	Grilled Roast Beef 20 Sandwich Roasted Potato's Broccoli & Cauliflower Salad Dessert	Hamburger Strogan of S	Potato Soup Ham & Cheese sandwich Pickles Fruit Cocktail Cake	Thursday
cleaning day	Beef Stew 21 Cottage Cheese Salad Biscuits Bread Pudding	VALENTINES MEAL SERVED AT 5:00 PM	Polish Sausage With Saurkraut Parsley Potato's Silver glade Salad Peaches	Friday