

Can'napopa Wi - December - the moon of the popping trees.

Flandreau Santee Sioux Tribe **Monthly Newsletter December 2020**

Merry Ghristmas!



Nursing home planned on tribal land



An artist rendering of a new nursing home shows various wings that will used for residents, including those with memory care needs.

The Flandreau Santee Sioux Tribe is starting work on a nursing home that is being built southeast of the Royal River Casino and Hotel.

The 40-plus unit facility is scheduled to be open next fall, said Tony Reider, the tribe's president. The nursing home, expected to cost about \$20 million, will have a strong focus on memory care, he said.

"We've got a number of tribe members who are required to go into a nursing home," he said. Often, they have to go a long way from home, away from relatives and their community. "There's a big need in Indian country, and we just think it's a good service."

Work on plans for the Flandreau Santee Sioux Tribe Care Center began during the last legislative session, Reider said. Workers broke ground on the project a few weeks ago.

December a time of reverent remembrance for Native South Dakotans

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By Alaina Beautiful Bald Eagle

Sioux Falls, South Dakota (December 16th, 2020)-The month of December is a time of wokiksuye (reverent remembrance) for the people of the Oceti Sakowin. Three atrocities took place in December which resulted in the deaths of hundreds of Lakota and Dakota people: Dakota 38+2, murder of Sitting Bull, and the Wounded Knee Massacre.

On December 26, 1862, the day after Christmas, 38 Dakota men were hanged in Mankato, Minnesota. The event is the largest mass hanging in the history of the United States and transpired by order of President Abraham Lincoln.

In 1890, on December 15, Hunkpapa itancan Sitting Bull (Tatanka Iyotake) was killed on the Standing Rock Agency by Indian police at his residence along the Grand River. The respected leader's murder sent shockwaves throughout the Oceti Sakowin and set off a domino effect which ultimately resulted in the massacre at Wounded Knee on December 29, 1890.

The aforementioned events are just a snapshot of the countless atrocities that have resulted in collective trauma and unresolved grief within South Dakota's indigenous communities. The cumulative psychological and emotional wounds across generations have created multidirectional fractures that have

impacted family structure, culture, language, mental and physical health of indigenous nations.

The South Dakota Democratic Party recognizes that Native people continuously grapple with historical trauma. Being a good ally to indigenous people is important to the SDDP. Democratic legislators are diligently working with tribal leaders to tackle some of the most predominant issues facing Native nations today. Healthcare, education, language preservation, civil rights, and Covid-19 are some issues that tribal leaders have shared that need attention and action. The South Dakota Democratic Party recognizes these concerns, and we will work hard to ensure that the voices of indigenous people are heard during the legislative session.

The month of December holds unique spiritual and cultural significance for different people around the world. While this is a time of festivities, joyous occasions and gift giving, it is also a time for wokiksuye. In order for us to be good allies, we must understand this month is a time of mourning for the Lakota people. Intentional and conscious understanding of the wrongs committed against indigenous nations is vital to building meaningful connections and being good neighbors.

Please direct questions to SDDP Executive Director Pam Cole via email pam@sddp.org or phone (605) 695-1996.

Downtown businesses changing locations



A salon operated by one owner for more than 35 years is moving, while a second downtown business will consolidate its services into the building.

Deb Feske, owner of The Personal Touch, will operate from her home at 300 S. Industrial Road beginning Jan. 3. Her last day downtown will be Dec. 24.

The move will allow her and her husband, Dave, to consolidate their three businesses in one location. He has an appliance repair business, and she has a clothing company called T-shirts Too!, which she will move home as well.

Feske, 61, listed her building for sale, thinking it would take years to sell because sometimes real estate downtown has been on the market a long time. But the opportunity came along to sell to King Insurance Agency, which has two locations on Second Avenue.

"Just low and behold, someone was looking. It's a blessing," she said. "I'm very grateful the building will have someone in it. It's a great location. It's served me well."

Brian King of King Insurance likes the location, too, and said

the building will make it possible for the entire Flandreau staff to be in the same office. King Insurance will move out of the building at the west end of the First National Bank of Sioux Falls, and the Boysen Insurance Services, which King purchased in July, will vacate space across the street. Between the two locations, there are five employees, including two part-time people.

"That is the main reason, so that we could get everybody under one roof. We wanted to stay downtown," he said. "This allows us the space to have our offices together. I'm excited about it, and getting everybody under one roof is exciting, too."

While Feske's downtown location had specific business hours for hair and nails – something she prided herself in --her home location will be more flexible.

"I will miss being downtown. There's a camaraderie among businesses," she said. "It's a happy-sad thing, but it's a good thing. Its's a new chapter."

The move also allows Feske a bit more freedom in her schedule.

"We were just looking at planning for our future," she said. "I hope to continue working as long as I possibly can but just at a different level."

Her salon will temporarily be in her double garage, which is finished and attached to her house. It is being remodeled to accommodate her chair and manicure/pedicure services. The Feskes are adding a separate building for their businesses, and she expects that to be ready in June.

"We're building a new facility north of our home on our lot so the business will have its own building," she said.

When Feske started working downtown, she first rented her building, and she bought it in 1995. Janel Kneebone, who also works at the salon, has been there 31 years but won't be moving to the new location. "We want to thank Janel for years of employment and service to the community," Feske said.

Flandreau Santee Sioux Tribe Newsletter is a monthly publication by the

Flandreau Santee Sioux Tribe.

Digital photos or sending other original files is encouraged.

Deadline for submission of material is

5 work days before the 15th of each month

Flandreau Santee Sioux Tribe

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In preparation of this newsletter, every effort has been made to offer the most current, correct, and clearly expressed information possible. Nevertheless, inadvertent errors in information may occur. In particular but without limiting anything here, the Flandreau Santee Sioux Tribe (FSST) and its employees disclaim any responsibility for typographical errors and accuracy of the information that may be contained in the Flandreau Santee Sioux Tribe's Newsletter. The FSST also reserves the right to make changes at any time without notice.

The information in this newsletter have been compiled by the FSST Newsletter staff from a variety of sources, and are subject to change without notice. The FSST makes no warranties or representations whatsoever regarding the quality, content, completeness, or adequacy of such information and data. In any situation where the official printed publications of the FSST differ from the text contained in this newsletter, the official printed documents take precedence.

If inaccurate or otherwise inappropriate information is brought to our attention, a reasonable effort will be made to print a correction in the next month newsletter. We reserve the right to omit submissions if it is felt that the content or subject matter is inappropriate.

NEWSLETTER SUBMISSION

GUIDELINES:

All information submitted for newsletter must be received 5 (five) working days before the 15 of each month. We cannot guarantee inclusion of any submissions after that date in that month's newsletter. Submissions must be made in typewritten (or computer generated) format. They can be submitted directly to Marcie Walker in hardcopy, on disk or via email at:

marcie.walker@fsst.org

The FSST reserves the right to edit submission for content and clarity when appropriate. Additionally, submissions not of a time sensitive nature may be delayed for next month newsletter "We're excited," he said.

The nursing home is one of several large construction projects the tribe has completed in the last few years. Most recently, a more than \$30 million upgrade was made at the Royal River Casino and Hotel. The tribe also has added a new health-care clinic and a wellness center. The tribe also has worked on several energy projects, including adding solar energy that is used by several buildings.

The nursing home is designed to have a number of wings for its residents within the building. It also will be open to members of other tribes.

Because of COVID-19, the tribe has designed the nursing home so that it would be better able to serve residents during something like a pandemic, he said. For example, the facility will have an isolation wing and a state-of-the-art air circulation system.

Trees open for viewing at Courthouse



Moody County Courhouse custodian Scott Lewis hangs an ornament on a Christmas tree at the courthouse. Trees can be viewed during regular business hours. Masks are required.

FSST CORONAVIRUS ASSISTANCE PROGRAM FORM



The Flandreau Santee Sioux Tribe hereby develops the Coronavirus Assistance Program for Tribal Members living in Moody County. These funds can only be used for household expenses: electricity, water/sewer, trash services, and heating fuel/propane, rent/mortgage, internet, cable and car pmts, car/home insurance and phone bill.

ELIGIBILITY: Individuals are eligible for this program if they:

- Are 18 and over qualified enrolled member of Flandreau Santee Sioux Tribe, or have a qualified member of their household that is 18 and over and member of the Flandreau Santee Sioux Tribe; and
- Reside in Moody County, South Dakota; all bills must have same address of this application. Approved Education Exempt members are eligible.

SERVICES PROVIDED: Direct payment of \$1500 per month per household until Dec 31 2020. This program will only cover electricity, water/sewer, trash services, and heating fuel/propane, rent,/mortgage, internet, cable and car pmt ,car Insurance, home owners insurance and phone bill.

APPLICATIONS: To apply for this program individual must fill out FSST ASSISTANCE PROGRM FORM and include copies of bills and/or disconnection notices, Bill addresses must match. submit app & bills to Member

Services Marcie Walker or Shantel in Finance.

Name:

DISCLOSURES: All applications will be considered as they are received, and will be awarded on first in, first out basis.

This program is subject to available funding, and may be cancelled without noticed by the Tribe.

Phone:

Misuse of these funds and/or fraudulent applications will be prosecuted in accordance with applicable law.

EFFECTIVE DATE: Approved by FSST Executive Committee on August 19, 2020 revised 9/23/20

Vendor Information: Member Signature		Date
Vendor 1:	Name on billing	Amount of billing: \$_
Full \$1500 toward vend	dor 1	
Vendor 2:	Name on billing	Amount of billing: \$
Vendor 3:	Name on billing	Amount of billing: \$_
Vendor 4:	Name on Billing	Amount of billing: \$_
Credit wil	l be applied to your	Balance\$\$
next billing if bill submitted is under \$1500		Amount to be paid to Vendor 1 \$
		Amount to be paid to Vendor 2 \$
*Processing may take up to 10 business days		Amount to be paid to Vendor 3 \$
		Amount to be paid to Vendor 4 \$
		New Balance

Tribal Members

If you would like to be added to our Calling Post

"TEXTFSST"

to

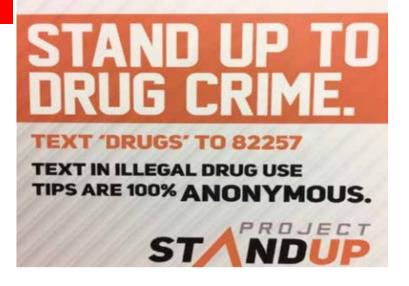
24251

For closings & updates









COVID-19 INCUBATION TIMELINE

COVID-19 has up to a 14 day incubation period

Dakota was exposed to COVID-19.

Day 1

Dakota was exposed to COVID-19.

Day 5

Dakota got tested for COVID-19 and the results came back negative.

Day 10

Dakota became symptomatic and tested positive for COVID-19.

Day 8

Thinking she didn't have COVID-19, Dakota attended a birthday party. She was contagious days 8 & 9 (48 hours before symptoms) and now exposed 17 people.

Don't be like Dakota.

If you are exposed to COVID-19 & test negative you still must quarantine for the CDC recommended amount of time.

Zaniya un- Stay Healthy

What it feels like to get an mRNA coronavirus vaccine



(CNN) – Dec. 2, 2020 -- As the United States inches closer to authorizing a Covid-19 vaccine many people may now let themselves start wondering what it will feel like to get it. Is it going to be like the flu vaccine? Will it be more painful? And what about side-effects? The two front-runners for getting an emergency use authorization from the US Food and Drug Administration -- Pfizer/BioNTech and Moderna -- use new mRNA technology. No US-licensed vaccine has ever used it, although researchers have been studying it for decades, against infections like flu, rabies and Zika, and even for some types of cancer. The way these mRNA vaccines work is that they give our body the instructions, in the form of messenger RNA, for making a little piece of this particular coronavirus (SARS-CoV-2) -- specifically the spike protein. When our body gets these instructions, it starts producing the spike protein. That in turn triggers our immune system, which recognizes the spike protein as "foreign," to make antibodies

against it. So when we get infected with the real virus, our body is already prepared to fight it. These vaccines require two doses: one to prime the body, and then a few weeks later, a second shot to boost the response. Study results show that Pfizer/BioNTech and Moderna's vaccines are each in the neighborhood of 95% effective. But because the technology is so new for a vaccine, it has

raised many questions and some concerns among those for whom it's intended. One participant in the Moderna trial said getting vaccinated was "definitely not a walk in the park" but he would certainly do it over again. Yasir Batalvi, a 24-year-old recent college graduate living in the Boston area, said he originally signed up to join a trial on the NIH website back in early July because he felt moved to do something to help during the pandemic. "I felt so helpless. I mean, this pandemic really has affected everybody's lives so significantly. And it's not just lives, you know, it's livelihoods," Batalvi told CNN Chief Medical Correspondent Dr. Sanjay Gupta. "And so I signed up because I kind of just wanted to do what I could. And I didn't think I was necessarily going to get picked. But I got a call, eventually, in September. And then by midOctober, I was enrolled." He was a bit nervous rolling up his sleeve, especially when he was given a 22-page consent form to sign. But he said he felt like he was doing a public service. "I think just because coronavirus has been such a significant disruption to our lives, that I decided that it was what I had to do. It felt like civic duty," he said. "Because I think mass scale vaccination is really the only realistic way out of the pandemic that we're in.

"So what did it feel like? "The actual injection felt, at first, just like a flu shot, which is basically just a little pinch in the side of your arm," Batalvi said. "Once I left the hospital, that evening, the stiffness got a little bit worse. It was definitely manageable, but you kind of don't really feel like moving your arm too far above your shoulder. But the side effects are pretty localized. I mean, it's just in the muscle in your arm. And that's about it. It doesn't really affect anything else and you feel fine." That was after the first dose. But the second dose was different. "I actually had some pretty significant symptoms after I got the second dose. Once I got the second dose, I was fine while I was in the hospital. But that evening was rough. I mean, I developed a low-grade fever, and

Vaccines continued

atigue and chills," Batalvi said. He said he was out for that day and evening, but he "felt ready to go by the next morning." He said he called the study doctors to let them know about his symptoms. They weren't alarmed and told him he shouldn't be either. Feeling under the weather does not mean that you got Covid-19 from the vaccine -- in fact, experts say having this kind of reaction shows that your body is responding the way it should, and it should not deter anyone from getting vaccinated or going back for their second dose. "That means your immune response is working for you. You should feel good about that," said vaccine expert Dr. Paul Offit of the Children's Hospital of Philadelphia. "And [there] shouldn't really be any difficulty coming back for that second shot, knowing that you're now in a much better position to fight off this awful virus, which has killed more than 250,000 people and can cause a lot of long term effects." Infectious disease expert Dr. Anthony Fauci told Facebook CEO Mark Zuckerberg the same thing on Monday. "What the body is telling you by that response is that it's responding well to the injection," he said. "When you get an injection of the vaccine, you induce a response. In some people, they don't feel anything," he said. "Others feel an ache in the arm. Some may feel an ache in the arm and kind of a little chilly feeling, almost like you have a flu-like syndrome, and in a minority of people, they get a fever." Fauci, the director of the National Institute of Allergy and Infectious Diseases, said "almost all of this goes away within 24 or at the most, 48 hours" and added that it's important to be honest with people about the side effects they may experience. Operation Warp Speed Chief Scientific Adviser Moncef Slaoui said Monday that approximately 10 to 15% of immunized stud

subjects will develop "quite noticeable side effects." "Most people will have much less noticeable side effects. That frankly -- in comparison to a 95% protection against an infection that can be deadly or significantly debilitating -- I think is an appropriate balance," he said. Side effects like the ones Batalvi experienced should not be confused with safety issues. Any vaccine maker looking for FDA approval or authorization has to show two months' worth of safety data after the second dose is given -- because that's when most serious safety issues have occurred in earlier trials. On that front, it's so far, so good for both the Moderna and Pfizer vaccines. But only time will tell if any serious safety events show up in the next couple of years. "While we know that the predictable 90, 95% of side effects

that happened within two months after immunization are actually really good for the two vaccines that have been filed now, the Moderna and Pfizer vaccines, we don't have the experience for a year or two years, and we're going to learn as we go," Slaoui said. Batalvi doesn't know for sure if he got the active vaccine or a placebo. But based on his experience, he said he can take a good guess. "You know it's a double blinded, randomized study. So neither I nor the study doctors nor Moderna knows whether I've gotten the vaccine or not. But I'm confident Vaccines Continued from Page 9 based on the side effects that that I got the real deal," he said. Batalvi said he looks forward to this pandemic ending so that his family can meet his sister's new twins -- a boy and a girl -- born earlier in the week. "I hope once this vaccine comes out, people feel confident taking it. I mean, I'm right here: I took the vaccine -- it was all right. I think we can get through this," he said.



Covid cases reach more than 400



The number of new COVID-19 cases in Moody County surpassed 400, but no deaths were reported this week.

South Dakota Department of Health statistics show there have been 417 positive cases in the county so far, with 103 active as of Monday. A week ago, the number of cases was 389, meaning there were an additional 28 cases this past week. The growth in local cases has slowed down some, compared with up to 60 new cases in a recent week.

So far, 304 people have recovered, and 1,484 have tested negative. Overall, 21 people have been hospitalized and 10 have died in the county.

As the number of the cases in Moody County started to escalate by dozens of new cases each week, both the Flandreau City Council and the Moody County Commission passed resolutions that asked residents to wear masks when they are in public and follow other CDC guidelines, such as good handwashing and physically distancing. The resolutions, which still are in pace, endorsed recommendations being advocated by Mask Up South Dakota, a group of medical and business organizations in the state that are encouraging people take precautions to help slow the spread of the virus.

At the Flandreau school, four students are out of school because they have been diagnosed with COVID-19. Two are in middle school, and two are in high school. No staff are currently positive.

An additional 25 students, a majority in the high school, have recovered as have 16 staff members.

